



6705 Ballard Drive
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A Place To Call Home

Find us on



Important Dates

- 8/1 Walmart in Ooltewah
- 8/2 Music with Michael
- 8/4 Lupi's Pizza
- 8/7 Scenic Ride with Leslie
- 8/8 Hamrick's & Lunch
- 8/10 Opus IV
- 8/11 Cheddar's
- 8/11 Music with Wes
- 8/14 Manicures & Hand Massages
- 8/15 Walmart in East Brainerd
- 8/16 Music with Rick Lane
- 8/16 Open Floor with Katie
- 8/17 Casino Day
- 8/18 Bad Daddy's Burgers
- 8/18 Activity Meeting with Tori
- 8/19 Music with Heaven Seekers
- 8/22 Marshalls
- 8/24 New Resident Social
- 8/25 Lunch with Leslie
- 8/25 BINGO & Ice Cream
- 8/29 Target
- 8/30 Birthday Party
- 8/31 Picnic at the Park

Your Friendly Staff

- General Manager**
Katie Hollaway
- Office Manager**
Luann Palmer
- Sales Director**
Blaze Betts
- Resident Care Director**
Jennie Fraiser, MSN/RN
- Dining Services Director**
Melissa Correll
- Recreational Director**
Tori Rogers
- Housekeeping Supervisor**
Donna Long
- Maintenance Director**
Tim Posey



Game Of Choice

Every day at 1 pm, residents gather to play board games in the activity room. Choose from a variety of games plus your fellow residents are willing to teach you the rules to any of the games. If the table in the activity room is full, other tables on the 2nd Floor Breezeway are available to you. All games are stored in the 2nd Floor Activity Room cabinet (plus a list of all games we own). If you would like a game we do not currently have, let Tori know.

Residents are always looking for new players, so don't hesitate to come out and learn a new game and earn funny money!



Back to School Deals

August is the best month to purchase school supplies, office supplies, and anything that could be used in a dorm room. You'll find great discounts on notebooks, pens and binders plus bedding, lamps and small appliances. **Sign up for one of our 5 Tuesday Shopping Trips this month to take advantage of these awesome deals!**

Bring a Friend

We encourage all residents to attend activities throughout the day. For the month of August, we will be giving an extra \$1,000 in funny money for every friend you bring to an activity.



Activity Department Suggestion Box

In addition to the monthly Activities Meeting, leave written feedback in the new suggestion box located outside of Tori's office. We want to offer engaging activities that you love, so your feedback is greatly appreciated!

Sunday

Monday



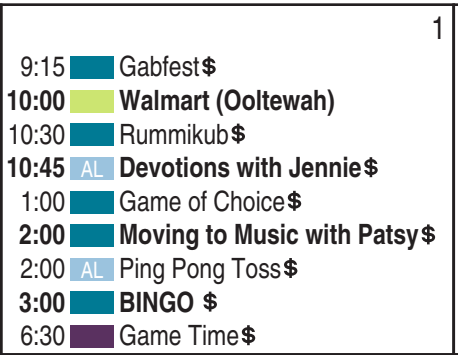
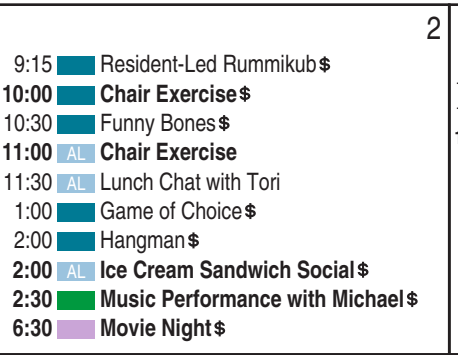
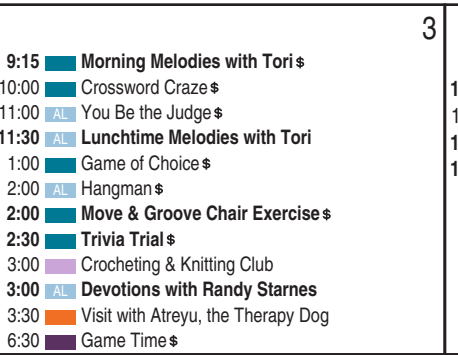
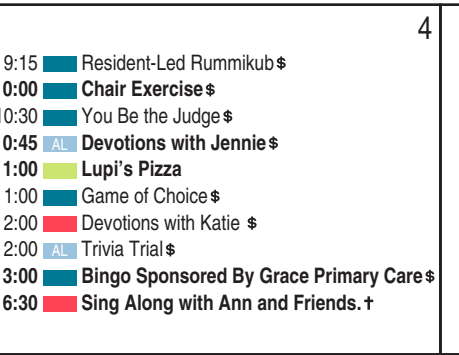
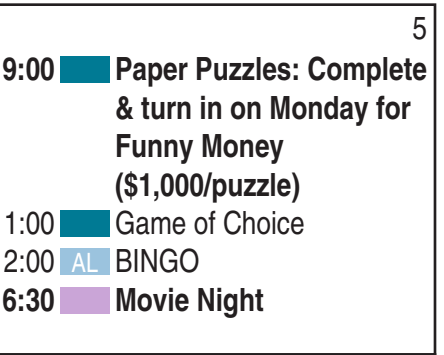


Tuesday

Wednesday

Thursday

Friday

Saturday

						
6	7	8	9	10	11	12
<p>1:00 Game of Choice</p> <p>3:00 Christ United Methodist Church †</p> <p>6:30 Movie Night</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Zumba Exercise Class with Joan \$</p> <p>11:00 AL Chair Exercise</p> <p>12:00 AL Piano with Katie</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL BINGO \$</p> <p>2:00 Coloring Pages & Paint By Number \$</p> <p>2:30 Scenic Ride with Leslie</p> <p>3:00 AL Devotions with Pastor Mark</p> <p>6:30 Game Time \$</p>	<p>9:15 Gabfest \$</p> <p>10:00 Walmart (Ooltewah)</p> <p>10:30 Rummikub \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>1:00 Game of Choice \$</p> <p>2:00 Moving to Music with Patsy \$</p> <p>2:00 AL Ping Pong Toss \$</p> <p>3:00 BINGO \$</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Chair Exercise \$</p> <p>10:30 Funny Bones \$</p> <p>11:00 Chair Exercise</p> <p>11:30 AL Lunch Chat with Tori</p> <p>1:00 Game of Choice \$</p> <p>2:00 Hangman \$</p> <p>2:00 AL Ice Cream Sandwich Social \$</p> <p>2:30 Music Performance with Michael \$</p> <p>6:30 Movie Night \$</p>	<p>9:15 Morning Melodies with Tori \$</p> <p>10:00 Crossword Craze \$</p> <p>11:00 AL You Be the Judge \$</p> <p>11:30 AL Lunchtime Melodies with Tori</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL Hangman \$</p> <p>2:00 Move & Groove Chair Exercise \$</p> <p>2:30 Trivia Trial \$</p> <p>3:00 Crocheting & Knitting Club</p> <p>3:00 AL Devotions with Randy Starnes</p> <p>3:30 Visit with Atrayu, the Therapy Dog</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Chair Exercise \$</p> <p>10:30 You Be the Judge \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 Lupi's Pizza</p> <p>1:00 Game of Choice \$</p> <p>2:00 Devotions with Katie \$</p> <p>2:00 AL Trivia Trial \$</p> <p>3:00 Bingo Sponsored By Grace Primary Care \$</p> <p>6:30 Sing Along with Ann and Friends. †</p>	<p>9:00 Paper Puzzles: Complete & turn in on Monday for Funny Money (\$1,000/puzzle)</p> <p>1:00 Game of Choice</p> <p>2:00 AL BINGO</p> <p>6:30 Movie Night</p>
13	14	15	16	17	18	19
<p>1:00 Game of Choice</p> <p>3:00 Brainerd Hills Baptist Church †</p> <p>6:30 Movie Night</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Zumba Exercise Class with Joan \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Activity Meeting with Tori \$</p> <p>12:00 AL Piano with Katie</p> <p>1:00 Game of Choice \$</p> <p>1:00 Mary Kay Makeovers</p> <p>2:00 AL BINGO \$</p> <p>2:00 Manicures & Hand Massages \$</p> <p>3:00 AL Crossword Craze \$</p> <p>3:00 Devotions with Pastor Mark †</p> <p>6:30 Game Time \$</p>	<p>9:15 Gabfest \$</p> <p>10:00 Walmart Neighborhood Market (East Brainerd)</p> <p>10:30 Rummikub \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>1:00 Game of Choice \$</p> <p>2:00 Moving to Music with Patsy \$</p> <p>2:00 AL Open Floor with Katie \$</p> <p>3:00 Bingo with Hospice of Chattanooga \$</p> <p>3:00 AL Individual Music Therapy with Tori</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Chair Exercise \$</p> <p>10:30 Sunny Smiles \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Lunch Chat with Tori</p> <p>1:00 Devotions with Tyner United Methodist †</p> <p>1:00 Game of Choice \$</p> <p>2:00 Music Performance with Rick Lane \$</p> <p>2:00 AL Name Game \$</p> <p>3:00 Open Floor with Katie \$</p> <p>6:30 Movie Night \$</p>	Casino Day	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Chair Exercise \$</p> <p>10:30 You Be the Judge \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 Bad Daddy's Burgers</p> <p>1:00 Game of Choice \$</p> <p>2:00 Activity Meeting \$</p> <p>2:00 AL Trivia Trial \$</p> <p>3:00 BINGO & Popcorn \$</p> <p>6:30 Sing Along with Ann and Friends. †</p>	<p>9:00 Paper Puzzles: Complete & turn in on Monday for Funny Money (\$1,000/puzzle)</p> <p>1:00 Game of Choice</p> <p>2:00 AL BINGO</p> <p>2:00 Music Performance with Heaven Seekers</p> <p>6:30 Movie Night</p>
20	21	22	23	24	25	26
<p>1:00 Game of Choice</p> <p>3:00 Ridgedale Baptist Church †</p> <p>6:30 Movie Night</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Chair Exercise \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Monday Motivations \$</p> <p>12:00 AL Piano with Katie</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL BINGO \$</p> <p>2:00 Crossword Craze \$</p> <p>3:00 AL Devotions with Pastor Mark</p> <p>3:00 Kerplunk \$</p> <p>6:30 Game Time \$</p>	<p>9:15 Gabfest \$</p> <p>10:00 Marshalls</p> <p>10:30 Rummikub \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>1:00 Game of Choice \$</p> <p>2:00 Moving to Music with Patsy \$</p> <p>2:00 AL Scenic Ride with Leslie</p> <p>3:00 BINGO with Hearth Hospice \$</p> <p>5:00 Music Performance with Jordan</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Chair Exercise \$</p> <p>10:30 Would You Rather \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Lunch Chat with Tori</p> <p>1:00 Game of Choice \$</p> <p>1:30 AL Watercolor Painting \$</p> <p>2:00 Travel Adventures \$</p> <p>3:00 Bible Teaching with Mr. Hodge †</p> <p>3:00 AL Manicures \$</p> <p>6:30 Movie Night \$</p>	<p>9:15 Morning Melodies with Tori \$</p> <p>10:00 Crossword Craze \$</p> <p>11:00 AL I Remember That \$</p> <p>11:30 AL Lunchtime Melodies with Tori</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL Hangman \$</p> <p>2:00 New Resident Social \$</p> <p>3:00 Crocheting & Knitting Club</p> <p>3:00 Hymn Sing-Along with Randy †</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Chair Exercise \$</p> <p>10:30 Joggin' Your Noggin \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 Southern Star with Leslie</p> <p>1:00 Game of Choice \$</p> <p>2:00 Devotions with Katie \$</p> <p>2:00 AL Ice Cream Sundae Social \$</p> <p>3:00 BINGO & Ice Cream \$</p> <p>6:30 Sing Along with Ann and Friends. †</p>	<p>9:00 Paper Puzzles: Complete & turn in on Monday for Funny Money (\$1,000/puzzle)</p> <p>1:00 Game of Choice</p> <p>2:00 AL BINGO</p> <p>6:30 Movie Night</p>
27	28	29	30	31		
<p>1:00 Game of Choice</p> <p>3:00 Woodland Park Baptist Church †</p> <p>6:30 Movie Night</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Zumba Exercise Class with Joan \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Monday Motivations \$</p> <p>12:00 AL Piano with Katie</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL BINGO \$</p> <p>2:00 Wheel of Fortune \$</p> <p>3:00 Devotions with Pastor Mark †</p> <p>3:00 AL Mad Libs \$</p> <p>6:30 Game Time \$</p>	<p>9:15 Gabfest \$</p> <p>10:00 Target</p> <p>10:30 Rummikub \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>1:00 Game of Choice \$</p> <p>2:00 Moving to Music with Patsy \$</p> <p>2:00 AL Ping Pong Toss \$</p> <p>3:00 BINGO \$</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Chair Exercise \$</p> <p>10:30 Funny Bones \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Lunchtime Melodies with Tori</p> <p>1:00 Game of Choice \$</p> <p>2:00 Community Wide Birthday Party \$</p> <p>2:00 AL Crossword Craze \$</p> <p>2:30 ABC Word Challenge \$</p> <p>6:30 Movie Night \$</p>	<p>9:15 Morning Melodies with Tori \$</p> <p>10:00 Mad Libs \$</p> <p>11:00 Picnic at Little Debbie Park & Shopping at Little Debbie Store</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL 20 Questions \$</p> <p>2:00 Move & Groove Chair Exercise \$</p> <p>2:30 Trivia Trial \$</p> <p>3:00 Crocheting & Knitting Club</p> <p>3:00 AL Individual Music Therapy with Tori</p> <p>6:30 Game Time \$</p>	 	



Resident Birthdays

- 8/1 Margaret Pendency
- 8/1 Mildred Lee
- 8/3 Polly Kettenring
- 8/7 Wilma Tatum
- 8/9 Ruth Fox
- 8/13 Bill Brooks
- 8/13 Ann Quigley
- 8/22 Nancy Wilhite
- 8/24 Ann Whittington
- 8/26 Dale Prouty
- 8/26 Marvin Stevenson
- 8/27 George Adkison
- 8/27 Winnie Flessner



Staff Birthdays

- 8/8 Bob Booker
- 8/10 Jillian Glatt
- 8/12 James Maye
- 8/24 Richard Summers
- 8/28 Destyni Page

Family Night

Thank you to everyone who came to our Family Night in July! We hope you had a blast!



Picnic in the Park

Join us on August 31st for a picnic at the new Little Debbie Park. Afterwards, Leslie will take you to the Little Debbie store & on a scenic ride before heading back home! Sign-up is first come, first served and lunch will be provided for you.



Manicures & Hand Massages

Visit the 2nd Floor Activity Room on the 14th for a bit of pampering. Tori will be providing manicures and hand massages from 2 pm to 3 pm. Choose from a variety of nail polish colors and lotion scents. First come, first served.



Casino Day

Come on out for Casino Day on August 17th from 2 to 3:30 pm. Play some blackjack with dealers from Hearth Hospice, CenterWell, and a few Directors from Hickory Valley. A fun afternoon spent testing your luck and enjoying good company!



Staff Anniversaries

This month, two associates are celebrating their 23rd anniversary at Hickory Valley. Our Maintenance Director, **Tim Posey**, works diligently to make sure the building and your apartments are safe and comfortable. He goes out of his way to help our staff and residents daily! **Richard Summers** is one of our night security officers. Not only does he keep the building safe at night, he also helps other staff and departments. Both men are vital to our community, and we are so thankful for their hard work and commitment.



S'more Substitutions

Craving a campfire treat, but don't have all the classic s'mores ingredients? Get creative with items in your cupboard. Vanilla wafers, shortbread cookies, butter crackers and pretzels can stand in for graham crackers, and instead of chocolate, use chocolate syrup or any other candy bar. You may discover a new favorite combination!

Brainteaser

How many words can you find using the letters in "sunglasses?" Bring Tori a list of the words you came up with by August 31st and receive \$1,000 funny money for every 10 words.