



6705 Ballard Drive  
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*A Place To Call Home*

Find us on

# DECEMBER

## Important Dates

- 12/1 ..... Carols & Cocoa
- 12/1 ..... Biba's Italian
- 12/2 ..... Carolers & Cards
- 12/4 ..... Christmas Lights Tour
- 12/5 ..... Children's Home Party
- 12/6 ..... Wellness Clinic
- 12/6 ..... Michael Prettyman
- 12/7 ..... RSVP for Christmas Party
- 12/7 ..... Tour of Trees & Market
- 12/8 ..... Mission BBQ
- 12/8 ..... Grinch Social & Wes
- 12/12 ..... Target & Burlington
- 12/13 ..... Health Chat & Cocoa
- 12/14 ..... Annual Christmas Party
- 12/15 ..... Christmas PJ Day
- 12/15 ..... City Cafe
- 12/16 ..... Holiday BINGO
- 12/21 ..... Open Floor with Katie
- 12/21 ..... Woodland Park Service
- 12/23 ..... Heaven Seekers
- 12/24 ..... No Church Service
- 12/27 ..... Community Birthday Party
- 12/29 ..... Outback
- 12/29 ..... New Year's Eve Party

## Your Friendly Staff

- General Manager**  
Katie Hollaway
- Office Manager**  
Luann Palmer
- Sales Director**  
Blaze Betts
- Resident Care Director**  
Jennie Fraiser, MSN/RN
- Dining Services Director**  
Melissa Correll
- Recreational Director**  
Tori Rogers
- Housekeeping Supervisor**  
Donna Long
- Maintenance Director**  
Tim Posey



## Tour of Trees & Christmas Market

**On December 7th, we will be having a special event that will begin in the lobby at 2pm.** This event will highlight the Christmas Trees around our community as well as give you the opportunity to shop from some local small businesses before Christmas. These vendors will be selling keychains, bows, lanyards, makeup & other handmade items.

Check-in in the Lobby to get a map so you don't miss anything this event has to offer!



## Carols & Cocoa

Join us in the Dining Room on December 1st at 2pm for a Christmas Carol Sing Along with special performances by some of our staff members.

## Activity Reminders

There are often late additions to the calendar during the Holiday Season. Be sure to check the Weekly Opportunity & Daily Sheets for the most up-to-date schedule of events.



## Annual Christmas Party

Don't miss out on our biggest party of the year! Our Annual Christmas Party is December 14th at 5:30pm in the Dining Room. RSVP by 12/7.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



3  
1:00 ■ Game of Choice  
3:00 ■ Christ United Methodist Church †  
4:00 ■ Classic TV Show  
6:30 ■ Movie Night

4  
9:15 ■ Resident-Led Rummikub \$  
10:30 ■ Zumba Exercise Class with Joan \$  
11:00 ■ Chair Exercise  
12:00 ■ Piano with Katie  
1:00 ■ Game of Choice \$  
2:00 ■ BINGO \$  
2:00 ■ Crossword Craze \$  
3:00 ■ Devotions with Pastor Mark  
3:00 ■ Make & Take Christmas Cards \$  
5:45 ■ Christmas Lights Tour \$  
6:30 ■ Game Time \$

5  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Walmart (Ooltewah)  
10:30 ■ Rummikub \$  
10:45 ■ Devotions with Jennie \$  
1:00 ■ Game of Choice \$  
2:00 ■ Health Chat & Cocoa with Jennie \$  
2:00 ■ Moving to Music with Patsy \$  
3:00 ■ BINGO \$  
6:30 ■ Game Time \$  
6:30 ■ Tennessee Baptist Children's Home Christmas Party

6  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Chair Exercise \$  
10:30 ■ Assorted Games \$  
11:00 ■ Chair Exercise  
11:30 ■ Luncheon Melodies with Tori  
1:00 ■ Game of Choice \$  
2:00 ■ Manicures & Hand Massages \$  
2:00 ■ Wellness Clinic with AccentCare \$  
2:30 ■ Music Performance with Michael \$  
2:30 ■ Wellness Checks with AccentCare  
6:30 ■ Movie Night \$

7  
**Hanukkah Begins**  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Holiday Hangman \$  
11:00 ■ Christmas Tree Craft \$  
1:00 ■ Game of Choice \$  
2:00 ■ Tour of Trees & Christmas Market \$  
3:00 ■ Devotions with Randy Starnes  
3:00 ■ Needles Not Necessary \$  
3:30 ■ Visit with Atreyu, the Therapy Dog  
6:30 ■ Game Time \$

8  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Chair Exercise \$  
10:30 ■ Assorted Games \$  
10:45 ■ Devotions with Jennie \$  
11:00 ■ Lunch at Mission BBQ  
1:00 ■ Game of Choice \$  
1:30 ■ Grinch Social \$  
2:00 ■ Music Performance with Wes \$  
3:00 ■ BINGO \$  
6:30 ■ Game Time \$

9  
9:00 ■ Massage with Jillian (Appointment Required)  
10:00 ■ Puzzle Partners  
1:00 ■ Game of Choice  
2:00 ■ BINGO  
2:00 ■ Grace Baptist Children's Carolers & Card Exchange \$  
4:00 ■ Classic TV Show  
6:30 ■ Movie Night

10  
1:00 ■ Game of Choice  
3:00 ■ Brainerd Hills Baptist Church †  
4:00 ■ Classic TV Show  
6:30 ■ Movie Night

11  
9:15 ■ Resident-Led Rummikub \$  
10:30 ■ Zumba Exercise Class with Joan \$  
11:00 ■ Chair Exercise  
12:00 ■ Piano with Katie  
1:00 ■ Game of Choice \$  
1:00 ■ Mary Kay Makeovers  
2:00 ■ BINGO \$  
2:00 ■ Flower Arranging \$  
3:00 ■ Devotions with Pastor Mark †  
5:45 ■ Christmas Lights Tour \$  
6:30 ■ Game Time \$

12  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Shopping at Target or Burlington  
10:30 ■ Rummikub \$  
10:45 ■ Devotions with Jennie \$  
1:00 ■ Game of Choice \$  
2:00 ■ Carols with Tori & Katie \$  
2:00 ■ Moving to Music with Patsy \$  
3:00 ■ BINGO with CenterWell \$  
6:30 ■ Game Time \$

13  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Chair Exercise \$  
10:30 ■ Assorted Games \$  
11:00 ■ Chair Exercise  
11:30 ■ Luncheon Melodies with Tori  
1:00 ■ Game of Choice \$  
2:00 ■ Craft with Hearth Hospice \$  
2:00 ■ Health Chat & Hot Cocoa \$  
3:00 ■ Bible Study with Nancy †  
6:30 ■ Movie Night \$

14  
**Annual Christmas Party**  
9:15 ■ Resident-Led Rummikub \$  
10:30 ■ Health Trivia with Amedisys \$  
11:00 ■ Health Trivia with Amedisys \$  
1:00 ■ Game of Choice \$  
2:00 ■ Legends of Santa Around the World Documentary \$  
2:00 ■ Manicures & Makeovers \$  
3:00 ■ Bible Study with Joe †  
3:00 ■ Needles Not Necessary \$  
5:30 ■ Annual Christmas Party  
6:30 ■ Game Time \$

15  
**Christmas Pajama Day**  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Chair Exercise \$  
10:30 ■ Assorted Games \$  
10:45 ■ Devotions with Jennie \$  
11:00 ■ Christmas Story Time \$  
1:00 ■ Game of Choice \$  
2:00 ■ Christmas Breakfast Social \$  
3:00 ■ BINGO \$  
6:30 ■ Game Time \$

16  
10:00 ■ Puzzle Partners  
1:00 ■ Game of Choice  
2:00 ■ BINGO  
3:00 ■ Graceworks Church Christmas Concert  
4:00 ■ Classic TV Show  
6:30 ■ Movie Night

17  
1:00 ■ Game of Choice  
3:00 ■ Ridgedale Baptist Church †  
4:00 ■ Classic TV Show  
6:30 ■ Movie Night

18  
9:15 ■ Resident-Led Rummikub \$  
10:30 ■ Zumba Exercise Class with Joan \$  
11:00 ■ Chair Exercise  
12:00 ■ Piano with Katie  
1:00 ■ Game of Choice \$  
2:00 ■ BINGO \$  
2:00 ■ Learn Something New \$  
3:00 ■ Devotions with Pastor Mark  
3:00 ■ Manicures & Hand Massages \$  
5:45 ■ Christmas Lights Tour \$  
6:30 ■ Game Time \$

19  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Walmart Neighborhood Market or Food City  
10:30 ■ Rummikub \$  
10:45 ■ Devotions with Jennie \$  
1:00 ■ Game of Choice \$  
2:00 ■ Moving to Music with Patsy \$  
2:00 ■ Open Floor with Katie \$  
3:00 ■ Bingo with Accentcare \$  
6:30 ■ Game Time \$

20  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Chair Exercise \$  
10:30 ■ Assorted Games \$  
11:00 ■ Chair Exercise  
11:30 ■ Luncheon Melodies with Tori  
1:00 ■ Devotions with Tyner United Methodist †  
1:00 ■ Game of Choice \$  
2:00 ■ Manicures & Hand Massages \$  
2:00 ■ Reindeer Games \$  
3:00 ■ Bible Study with Nancy †  
6:30 ■ Movie Night \$

21  
**National Crossword Puzzle Day**  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Crossword Craze \$  
11:00 ■ Christmas Carol Sing Along \$  
1:00 ■ Game of Choice \$  
2:00 ■ Candy Cane Chaos \$  
2:00 ■ Open Floor with Katie \$  
3:00 ■ Woodland Park Christmas Service  
3:30 ■ Visit with Atreyu, the Therapy Dog  
6:30 ■ Game Time \$

22  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Chair Exercise \$  
10:30 ■ Assorted Games \$  
10:45 ■ Devotions with Jennie \$  
11:30 ■ Reading of The Christmas Story †  
1:00 ■ Game of Choice \$  
2:00 ■ Holiday BINGO & Christmas Cookies \$  
6:30 ■ Game Time \$

23  
10:00 ■ Puzzle Partners  
1:00 ■ Game of Choice  
2:00 ■ BINGO  
2:00 ■ Music Performance with Heaven Seekers  
4:00 ■ Classic TV Show  
6:30 ■ Movie Night

24  
1:00 ■ Game of Choice  
4:00 ■ Classic TV Show  
6:30 ■ Movie Night



25  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ New Year's Puzzles (Complete & Turn In for Funny Money) \$  
10:45 ■ Devotions with Jennie \$  
1:00 ■ Game of Choice \$  
2:00 ■ Moving to Music with Patsy \$  
2:00 ■ New Year's Craft \$  
3:00 ■ BINGO with Hearth Hospice \$  
6:30 ■ Game Time \$

26  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Chair Exercise Video \$  
10:00 ■ Shopping at Michaels, T.J.Maxx, or Ross  
10:30 ■ Assorted Games \$  
11:00 ■ Chair Exercise  
11:30 ■ Piano with Katie  
1:00 ■ Game of Choice \$  
2:00 ■ Community-Wide Birthday Party \$  
3:00 ■ Bible Study with Nancy †  
6:30 ■ Movie Night \$

27  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Coffee Shop Cruise: 4 Corners Cafe  
11:00 ■ New Year's Puzzles (Complete & Turn In for Funny Money) \$  
1:00 ■ Game of Choice \$  
2:00 ■ Hymn Sing Along with Randy †  
2:00 ■ Make & Take Thank You Cards \$  
3:00 ■ Bible Study with Joe †  
3:00 ■ Needles Not Necessary \$  
6:30 ■ Game Time \$

28  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Chair Exercise \$  
10:30 ■ Assorted Games \$  
10:45 ■ Devotions with Jennie \$  
11:00 ■ I Remember That! \$  
1:00 ■ Game of Choice \$  
2:00 ■ Lunch at Outback  
1:00 ■ Game of Choice \$  
2:00 ■ New Year's Party with Rick \$  
6:30 ■ Game Time \$

29  
10:00 ■ Puzzle Partners  
1:00 ■ Game of Choice  
2:00 ■ BINGO  
4:00 ■ Classic TV Show  
6:30 ■ Movie Night

30  
**New Year's Eve**  
1:00 ■ Game of Choice  
3:00 ■ Graceworks Church  
4:00 ■ Classic TV Show  
6:30 ■ Movie Night

31  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Chair Exercise \$  
10:30 ■ Assorted Games \$  
10:45 ■ Devotions with Jennie \$  
11:00 ■ Lunch at Biba's Italian Restaurant  
1:00 ■ Game of Choice \$  
2:00 ■ Carols & Cocoa \$  
3:15 ■ Holiday Bingo \$  
6:30 ■ Game Time \$

32  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Walmart (Ooltewah)  
10:30 ■ Rummikub \$  
10:45 ■ Devotions with Jennie \$  
1:00 ■ Game of Choice \$  
2:00 ■ Health Chat & Cocoa with Jennie \$  
2:00 ■ Moving to Music with Patsy \$  
3:00 ■ BINGO \$  
6:30 ■ Game Time \$  
6:30 ■ Tennessee Baptist Children's Home Christmas Party

33  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Chair Exercise \$  
10:30 ■ Assorted Games \$  
11:00 ■ Chair Exercise  
11:30 ■ Luncheon Melodies with Tori  
1:00 ■ Game of Choice \$  
2:00 ■ Manicures & Hand Massages \$  
2:00 ■ Wellness Clinic with AccentCare \$  
2:30 ■ Music Performance with Michael \$  
2:30 ■ Wellness Checks with AccentCare  
6:30 ■ Movie Night \$

34  
**Hanukkah Begins**  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Holiday Hangman \$  
11:00 ■ Christmas Tree Craft \$  
1:00 ■ Game of Choice \$  
2:00 ■ Tour of Trees & Christmas Market \$  
3:00 ■ Devotions with Randy Starnes  
3:00 ■ Needles Not Necessary \$  
3:30 ■ Visit with Atreyu, the Therapy Dog  
6:30 ■ Game Time \$

35  
9:15 ■ Resident-Led Rummikub \$  
10:00 ■ Chair Exercise \$  
10:30 ■ Assorted Games \$  
10:45 ■ Devotions with Jennie \$  
11:00 ■ Lunch at Mission BBQ  
1:00 ■ Game of Choice \$  
1:30 ■ Grinch Social \$  
2:00 ■ Music Performance with Wes \$  
3:00 ■ BINGO \$  
6:30 ■ Game Time \$

36  
10:00 ■ Puzzle Partners  
1:00 ■ Game of Choice  
2:00 ■ BINGO  
3:00 ■ Graceworks Church Christmas Concert  
4:00 ■ Classic TV Show  
6:30 ■ Movie Night





### Resident Birthdays

- 12/9 ..... Winell Hammontree
- 12/13 ..... Marion Burris
- 12/22 ..... Judy Mairs
- 12/23 ..... Maggie Osowick



### Staff Birthdays

- 12/4 ..... Shaquilla Goodson
- 12/12 ..... SchuEuretha Ramirez
- 12/13 ..... Destiny Neel
- 12/17 ..... Terry Cothran
- 12/22 ..... Brianna Kilgore



### Staff Anniversaries

- 12/14 ..... Ty Mathis
- 12/27 ..... Terry Cothran



### Reindeer Games

On December 20th at 2pm, get ready for Reindeer Games: a variety of fun, Christmas-themed games! Word games, movement games & brain games!



### Happy Hanukkah, December 7th-15th

The Jewish holiday Hanukkah is a joyous eight-day celebration. Known as the Festival of Lights, the holiday brings family and friends together to light a menorah, sing songs, play games and eat special foods. Hanukkah marks the victory of a group of Jewish rebels over the armies of Syria in 165 B.C. and the rededication of the Temple in Jerusalem.



### Christmas Pajama Day & Breakfast Social

On December 15th, it's Christmas Pajama Dress-Up Day! Many families have fun traditions involving Christmas morning. This will be a fun way for us to participate in those traditions as a community. **You will receive \$10,000 in Funny Money for wearing pajamas to the Christmas Breakfast Social at 2 pm.** Enjoy a variety of breakfast foods including cinnamon rolls, waffles & fresh-baked bread!



### Flower Arranging

Starting this month, we will be making some beautiful seasonal floral arrangements for the Activity Room! All of the supplies will be provided and Tori will help where needed. This will be a fun activity and will give you the opportunity to add your own personal touch to the decorations in our community!



### Resident Recipes

Keep submitting your recipes to Melissa Correll. These recipes will be used by our Dining Services team to add variety and a more personal touch to some of the items on the menu!



### Walking Club

**Launching our new Walking Club on January 1st!** Many residents enjoy walking around the community! What better way to enjoy exercise than with the company & encouragement from friends! More details will be announced at the December Open Floor!