



6705 Ballard Drive
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A Place To Call Home

Find us on 



Important Dates

- 5/1 Activity Meeting
- 5/2 Walmart (Ooltewah)
- 5/5 Lunch at Provino's
- 5/5 Cinco de Mayo Party
- 5/8 Music with Joe Chambers
- 5/9 Hamrick's
- 5/10 Open Floor with Katie
- 5/10 Scenic Ride
- 5/12 Mother's Day Lunch
- 5/14 Mother's Day
- 5/16 Walmart (East Brainerd)
- 5/17 Ladies' Trip to the Winery
- 5/19 Lunch at Fuji
- 5/23 Hobby Lobby
- 5/24 Balance Screening
- 5/25 Scooter Safety Training
- 5/26 Memorial Day Lunch
- 5/29 Memorial Day
- 5/30 Fresh Market
- 5/31 Birthday Party

Your Friendly Staff

- General Manager**
Katie Hollaway
- Office Manager**
Luann Palmer
- Sales Director**
Blaze Betts
- Resident Care Director**
Tina Thomas, LPN
- Dining Services Director**
Melissa Correll
- Recreational Director**
Tori Rogers
- Housekeeping Supervisor**
Donna Long
- Maintenance Director**
Tim Posey



Changes to the Exercise Class Schedule

Beginning May 1st, a slightly different exercise class schedule:

- Monday at 10 am: Chair Exercise in Activity Room
- Tuesday at 2 pm: Moving to Music in Activity Room
- Wednesday at 10 am: Chair Exercise in Courtyard (weather permitting)
- Thursday at 2 pm: Balance & Stability with Heather in Activity Room
- Friday at 10 am: Chair Exercise in Activity Room



Electric Wheelchair Training

Thursday, May 25th, at 3 pm,




Mobility Works will visit to provide our Annual Safety Training. **This training is mandatory for anyone who has and uses an electric scooter/wheelchair.** Mobility Works will also provide information about other mobility devices.

National Nurses Week May 6-12th

The kindest and most amazing nurses are here at Hickory Valley! They work hard every day to ensure all our residents are healthy and well cared for. Thank them for all they do. Let's celebrate them!

Outdoor Activities

As our weather warms up and Summer approaches, we will utilize the courtyard for many activities (weather-permitting). In the event of inclement weather, the same activity will be in the Activity Room on 2nd Floor.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Brain Games \$ 10:45 AL Chair Exercise 11:45 AL Piano with Katie 1:00 Game of Choice \$ 2:00 Activity Meeting with Tori \$ 2:00 AL BINGO \$ 3:00 ABC Word Challenge \$ 3:00 AL Devotions with Pastor Mark 6:30 Game Time \$	2 9:15 Gabfest \$ 10:00 Walmart (Ooltewah) 10:30 Rummikub \$ 11:00 AL Tuesday Trivia 1:00 Game of Choice \$ 2:00 AL Dice Watercolor Garden 2:00 Moving to Music with Patsy \$ 3:00 BINGO \$ 3:00 AL Hangman 6:30 Game Time \$	3 9:15 Resident-Led Rummikub \$ 10:00 Outdoor Chair Exercise \$ 10:30 This or That \$ 10:45 AL Chair Exercise 11:30 AL Activity Planning with Tori 1:00 Game of Choice \$ 2:00 AL Balloon Tennis 2:00 Blood Pressure Checks & Snacks 2:30 Music Performance with Michael ♪ 3:00 Bible Teaching with Mr. Hodge † 3:00 AL Music Therapy in the Courtyard 6:30 Movie Night	4 9:15 Morning Melodies with Tori \$ 10:00 Crossword Craze \$ 10:45 AL Chair Exercise 11:45 AL Lunchtime Melodies with Tori 1:00 Game of Choice \$ 2:00 Balance and Stability with Heather \$ 2:00 AL Gratitude Craft 2:30 Movie Trivia & Popcorn \$ 3:00 Crocheting & Knitting Club \$ 3:00 Devotions with Randy Starnes 3:30 Visit with Atrayu, the Therapy Dog 6:30 Game Time \$	5 Cinco de Mayo 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 You Be the Judge \$ 11:00 Lunch at Provino's Italian 11:00 AL Story Time 1:00 Game of Choice \$ 2:00 Cinco de Mayo Party 3:00 Bingo Sponsored By Grace Primary Care \$ 6:30 Sing Along with Ann and Friends. †	6 Kentucky Derby Day 9:00 Paper Puzzles: Complete & turn in on Monday for Funny Money (\$1,000/puzzle) 1:00 Game of Choice 6:30 Movie Night
7 1:00 Game of Choice 3:00 Christ United Methodist Church † 6:30 Movie Night	8 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Who, What, Where? \$ 10:45 AL Chair Exercise 11:45 AL Piano with Katie 1:00 Game of Choice \$ 1:00 Mary Kay Makeovers 2:00 AL BINGO \$ 2:00 Crossword Craze \$ 3:00 Devotions with Pastor Mark † 3:00 Music Performance with Joe Chambers ♪ 6:30 Game Time \$	9 9:15 Gabfest \$ 10:00 Hamrick's & Lunch 10:30 Rummikub \$ 11:00 AL Tuesday Trivia 1:00 Game of Choice \$ 2:00 Moving to Music with Patsy \$ 2:00 AL Try Something New 3:00 BINGO with CenterWell \$ 3:00 AL Trivia Trial 6:30 Game Time \$	10 9:15 Resident-Led Rummikub \$ 10:00 Outdoor Chair Exercise \$ 10:30 Word Teasers 10:45 AL Chair Exercise 11:30 AL Lunch Chat with Tori 1:00 Game of Choice \$ 2:00 Cornhole 2:00 Open Floor with Katie \$ 3:00 AL Ice Cream Sundaes in the Courtyard 3:00 Scenic Ride 6:30 Movie Night	11 9:15 Morning Melodies with Tori \$ 10:30 Health Trivia with Amedisys \$ 10:45 AL Chair Exercise 11:45 AL Lunchtime Melodies with Tori 1:00 Game of Choice \$ 2:00 Balance and Stability with Heather \$ 2:00 AL Summer Canvas Painting 3:00 Crocheting & Knitting Club \$ 3:00 AL Fact or Fiction 6:30 Game Time \$	12 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Assorted Games \$ 11:00 AL Story Time 12:00 Mother's Day Lunch with Music by Opus IV 1:00 Game of Choice \$ 2:00 Devotions with Katie \$ 2:00 Mother's Day Reminiscing 2:30 Fun Friday: Ice Cream Floats 3:00 BINGO \$ 6:30 Sing Along with Ann and Friends. †	13 9:00 Paper Puzzles: Complete & turn in on Monday for Funny Money (\$1,000/puzzle) 1:00 Game of Choice 6:30 Movie Night
Happy Mother's Day 14 1:00 Game of Choice 3:00 Brainerd Hills Baptist Church † 6:30 Movie Night	15 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Brain Games \$ 10:45 AL Chair Exercise 11:45 AL Piano with Katie 1:00 Game of Choice \$ 2:00 AL BINGO \$ 2:00 Travel Adventures \$ 3:00 Assorted Games \$ 3:00 AL Devotions with Pastor Mark 6:30 Game Time \$	16 9:15 Gabfest \$ 10:00 Walmart Neighborhood Market (East Brainerd) 10:30 Rummikub \$ 11:00 AL Tuesday Trivia 1:00 Game of Choice \$ 2:00 Moving to Music with Patsy \$ 2:00 AL The Price is Right 3:00 Bingo with Home Care Solutions \$ 3:00 AL Hangman 6:30 Game Time \$	17 9:15 Resident-Led Rummikub \$ 10:00 Outdoor Chair Exercise \$ 10:30 Assorted Games \$ 10:30 Ladies' Trip to the Georgia Winery 1:00 Devotions with Tyner United Methodist † 1:00 Game of Choice \$ 2:00 Assorted Games \$ 2:00 AL Balloon Tennis 3:00 Bible Teaching with Mr. Hodge † 3:00 AL Open Floor with Katie 6:30 Movie Night	18 9:15 Morning Melodies with Tori \$ 10:00 Crossword Craze \$ 10:45 AL Chair Exercise 11:45 AL Lunchtime Melodies with Tori 1:00 Game of Choice \$ 2:00 Balance and Stability with Heather \$ 2:00 AL Cooking Class with Melissa 3:00 Crocheting & Knitting Club \$ 3:00 Hymn Sing-Along with Randy \$ 3:30 Visit with Atrayu, the Therapy Dog 6:30 Game Time \$	19 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 11:00 Lunch at Fuji 11:00 Spring Creek Elementary Orchestra ♪ 11:00 AL Story Time 1:00 Game of Choice \$ 2:00 Devotions with Katie \$ 2:00 AL Finishing Lines 2:30 Fun Friday: Coffee & Donuts 3:00 BINGO \$ 5:00 Music Performance with Mark 6:30 Sing Along with Ann and Friends. †	20 9:00 Paper Puzzles: Complete & turn in on Monday for Funny Money (\$1,000/puzzle) 1:00 Game of Choice 6:30 Movie Night
21 1:00 Game of Choice 3:00 Ridgedale Baptist Church † 6:30 Movie Night	22 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Who, What, Where? \$ 10:45 AL Chair Exercise 11:45 AL Piano with Katie 1:00 Game of Choice \$ 2:00 AL BINGO \$ 2:00 Crossword Craze \$ 3:00 Devotions with Pastor Mark † 3:00 AL Logos 6:30 Game Time \$	23 9:15 Gabfest \$ 10:00 Hobby Lobby 10:30 Rummikub \$ 11:00 AL Tuesday Trivia 1:00 Game of Choice \$ 1:00 AL Scenic Ride 2:00 Moving to Music with Patsy \$ 3:00 BINGO with Hearth Hospice \$ 3:00 AL Trivia Trial 5:00 Music Performance with Jordan ♪ 6:30 Game Time \$	24 9:15 Resident-Led Rummikub \$ 10:00 Outdoor Chair Exercise \$ 10:30 Word Teasers 10:45 AL Chair Exercise 11:30 AL Lunch Chat with Tori 1:00 Game of Choice \$ 2:00 Balance Screening with CenterWell \$ 2:00 Cornhole 3:00 AL Ice Cream Sundaes in the Courtyard 3:00 Travel Adventures \$ 6:30 Movie Night	25 9:15 Morning Melodies with Tori \$ 10:00 The Price is Right \$ 10:45 AL Chair Exercise 11:45 AL Lunchtime Melodies with Tori 1:00 Game of Choice \$ 2:00 Bean Auction with Hospice of Chattanooga \$ 2:00 AL Summer Canvas Painting 3:00 Electric Wheelchair and Scooter Safety Training \$ 6:30 Game Time \$	26 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Assorted Games \$ 11:00 AL Story Time 12:00 Memorial Day Lunch with Music by Barky Bryant ♪ 1:00 Game of Choice \$ 2:00 Devotions with Katie \$ 2:00 This or That 3:00 BINGO & Popcorn \$ 6:30 Sing Along with Ann and Friends. †	27 9:00 Paper Puzzles: Complete & turn in on Monday for Funny Money (\$1,000/puzzle) 1:00 Game of Choice 6:30 Movie Night
28 1:00 Game of Choice 3:00 Lay Pastor: Dr. McFarland † 6:30 Movie Night	29 	30 9:15 Gabfest \$ 10:30 Fresh Market \$ 11:00 AL Tuesday Trivia 1:00 Game of Choice \$ 2:00 Moving to Music with Patsy \$ 2:00 AL You Be the Judge 3:00 BINGO \$ 3:00 AL Hangman 6:30 Game Time \$	31 9:15 Resident-Led Rummikub \$ 10:00 Outdoor Chair Exercise \$ 10:30 This or That \$ 10:45 AL Chair Exercise 11:30 AL Lunch Chat with Tori 1:00 Game of Choice \$ 2:00 AL Balloon Tennis 2:00 Community-Wide May Birthday Party \$ 3:00 Bible Teaching with Mr. Hodge † 3:00 AL Music Therapy in the Courtyard 6:30 Movie Night			



January Associate of the Month

Dana Sanders is always a smiling face and willing to help out in any way she can! Thank you, Dana, for always going above & beyond!



Resident Birthdays

- 5/1 Betty Prater
- 5/2 Carolyn Pannu
- 5/5 Creed Uzzle
- 5/10 Carl Labbe
- 5/12 Frances Mayfield
- 5/12 Ann Faulkner
- 5/16 Charles Wallace
- 5/18 Mary Lou Hughes
- 5/18 Johnnie Tipton
- 5/20 Delma Pollock
- 5/22 Taiko Tucker



Mother's Day Lunch

May 12th at 12 noon, we will celebrate all of the wonderful ladies in our community. **All female residents are allowed to invite 2 guests** with them to this meal. **Please RSVP by May 9th.**



February Associate of the Month

Jamie Eldridge is one of our amazing housekeepers. She works hard every day to ensure apartments and common areas are beautiful and clean.



Staff Birthdays

- 5/6 Aurelio Andres
- 5/6 Ania Freeman
- 5/17 Kasey Holbrook
- 5/23 Dawnzalea Byers
- 5/27 Gracey Varghese
- 5/30 William Arp



Paper Puzzle Packs

New puzzle packs will be placed outside Tori's office door each week: Crosswords, word searches, mazes, word scrambles, etc. Turn in completed puzzles to Tori on Mondays for Funny Money!



March Employee of the Month

Ty Mathis has been cooking at Hickory Valley for many years. He doesn't hesitate to help out where needed, and his food is out of this world. Thank you for all of your hard work, Ty!

Employee Spotlight

Staff Anniversaries

- 5/2/2006 James Marshall
- 5/3/2022 Susanne Koehler
- 5/11/2020 Luann Palmer
- 5/16/2022 Jamie Eldridge
- 5/31/2022 Tyler Heisig



New Residents

Give a warm, Hickory Valley Welcome to our newest residents. Stop by and introduce yourselves! We are very excited to welcome them to our family!

- Carol Stout
- Jenny Crews
- John Bolin
- Carolyn Cox