November 2023

6705 Ballard Drive Chattanooga, TN 37421 (423) 855-0508 Fax: (423) 855-8730

A Place To Call Home

Find us on

Important Dates

SENIOR LIVING COMMUNIT

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11/1	Wellness Checks
11/2	First Bloom Coffee Shop
	Lunch at Champy's
11/7	Walmart in Ooltewah
11/9	Open Floor with Katie
11/10	Lunch at Mongolian Grill
11/10	Veterans Day Celebration
11/13	Music with Joe
11/14	Food Drive BINGO
11/15	Mary's Bakery Trip
11/16	Thanksgiving Luncheon
	Lunch at Chuy's
11/17	Music with Wes
11/20	Christmas Shopping Trip
11/21	Walmart or Food City
11/22	Turkey Trot
11/24	Birthday Party
11/29	Christmas Wrapping Party
11/30	Christmas Decorating



Massages With Jillian, November 18th

Jillian will visit November 18th for massage appointments. Limited appointments so please sign up with Tori. (If appointments are full, I will add you to the December wait list.)





Your Friendly Staff General Manager

Katie Hollaway Office Manager Luann Palmer Sales Director Blaze Betts Resident Care Director Jennie Fraiser, MSN/RN Dining Services Director Melissa Correll Recreational Director Tori Rogers Housekeeping Supervisor Donna Long Maintenance Director Tim Posey

Veterans Day Celebration

We will be honoring our Veterans on November 10th at 2 pm in the Dining Room. Music provided by the Chattanooga Community Orchestra. Please join us as we recognize all the men & women who have bravely served our country!

Blessing BINGO

On November 14th, we will host a Food Drive BINGO in the Dining Room. For every canned food or nonperishable food item you bring, you receive 1 BINGO card. If you are unable to donate food, you may purchase 1 BINGO card for \$1. Limit of 5 cards per resident, but no limit on number of times a resident can win. All food & money collected will be donated to the Samaritan Center, Please see the front desk for a list of canned foods or nonperishable food items the Samaritan Center needs the most.



Thanksgiving Luncheon

Our Thanksgiving Luncheon is Thursday, November 16th at Noon in the Dining Room. Each resident may invite 2 guests. **RSVP by November 9th.**





HICKORY VALLEY A SENIOR LIVING COMMUNITY	<u> </u>	ber 2023			AL Assisted Living Chapel 1st Floor Game Room Activity Room Lobby	Bus Outing Dining Room 3rd Floor Common Area \$ Funny Money † Spiritual
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	THANK YOU, VETERANS		1 9:15 Resident-Led Rummikub\$ 10:00 Chair Exercise\$ 10:30 Assorted Games\$ 11:00 AL Chair Exercise 11:30 AL Lunchtime Melodies with Tori 1:00 Game of Choice\$ 2:00 Wellness Clinic with AccentCare\$ 2:30 Music Performance with Michael\$ 2:30 AL Wellness Checks with AccentCare 6:30 Movie Night\$	2 9:15 Resident-Led Rummikub \$ 9:45 Coffee Shop Cruise: First Bloom & Shopping at Grit & Grace 11:00 A Guess the Nursery Rhyme \$ 1:00 Game of Choice \$ 2:00 Cookie Monster Day Taste Test 2:00 Cookie Monster Day Taste Test \$ 3:00 Bible Study with Joe † 3:00 A Devotions with Randy Starnes 3:00 Needles Not Necessary \$ 3:30 Visit with Atreyu, the Therapy Dog 6:30 Game Time \$	3 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Assorted Games \$ 10:45 A Devotions with Jennie \$ 11:00 A I Remember That! \$ 11:00 Lunch at Champy's 1:00 Game of Choice \$ 2:00 Devotions with Katie \$ 2:00 Devotions with Katie \$ 2:00 A Fun Facts about November \$ 3:00 Bingo Sponsored By Grace Primary Care \$ 6:30 Game Time \$	4 10:00 Puzzle Partners 1:00 Game of Choice 2:00 AL BINGO 4:00 AL Classic TV Show 6:30 Movie Night
3:00 Christ United Methodist Church† 4:00 AL Classic TV Show 6:30 Movie Night	6 9:15 Resident-Led Rummikub \$ 10:30 Zumba Exercise Class with Joan \$ 11:00 AL Chair Exercise 12:00 AL Piano with Katie 1:00 Game of Choice \$ 2:00 AL BINGO \$ 2:00 AL BINGO \$ 2:00 Crossword Craze \$ 3:00 AL Devotions with Pastor Mark 3:00 How to Sudoku \$ 6:30 Game Time \$	7 9:15 Resident-Led Rummikub\$ 10:00 Walmart (Ooltewah) 10:30 Rummikub\$ 10:45 AL Devotions with Jennie\$ 1:00 Game of Choice\$ 2:00 Moving to Music with Patsy\$ 2:00 AL T-Shirt Game\$ 3:00 BINGO \$ 6:30 Game Time\$	8 9:15 Resident-Led Rummikub\$ 10:00 Chair Exercise\$ 10:30 Assorted Games\$ 11:00 AL Chair Exercise 11:30 AL Lunchtime Melodies with Tori 1:00 Game of Choice\$ 1:30 AL Manicures & Hand Massages\$ 2:00 Learn Something New\$ 3:00 Bible Study with Nancy + 3:00 AL Individual Activities with Tori\$ 6:30 Movie Night\$	9 9:15 Resident-Led Rummikub\$ 10:30 Health Trivia with Amedisys\$ 11:00 AL Health Trivia with Amedisys\$ 1:00 Game of Choice\$ 2:00 Open Floor with Katie\$ 2:00 AL Turkey Scavenger Hunt\$ 3:00 Needles Not Necessary \$ 3:00 Paper Puzzles with Tori\$ 6:30 Game Time\$	Veterans Day (Observed)109:15Resident-Led Rummikub\$10:00Chair Exercise\$10:30Assorted Games\$10:45ALDevotions with Jennie\$11:00Lunch at Mongolian Grill11:30ALHistory of Veteran's Day\$1:00Game of Choice\$2:00Veterans Day Celebration\$3:00BINGO\$6:30Game Time	Veterans Day 11 10:00 Puzzle Partners 1:00 Game of Choice 2:00 AL BINGO 2:00 Music Performance with Heaven Seekers 4:00 AL Classic TV Show 6:30 Movie Night
3:00 Brainerd Hills Baptist Church† 4:00 AL Classic TV Show 6:30 Movie Night	 9:15 Resident-Led Rummikub \$ 9:15 Zumba Exercise Class with Joan \$ 1:00 AL Chair Exercise 1:00 AL Piano with Katie 1:00 Game of Choice \$ 1:00 Mary Kay Makeovers 2:00 AL BINGO \$ 2:00 Devotions with Pastor Mark † 3:00 Music Performance with Joe Chambers \$ 6:30 Game Time \$ 	14 9:15 Resident-Led Rummikub\$ 10:00 Shopping at Hobby Lobby or Dollar Tree 10:30 Rummikub\$ 10:45 AL Devotions with Jennie\$ 1:00 Game of Choice\$ 2:00 Moving to Music with Patsy\$ 2:00 AL Open Floor with Katie\$ 3:00 Food Drive BINGO with CenterWell\$ 6:30 Game Time\$	15 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Assorted Games \$ 11:00 AL Chair Exercise 11:30 AL Lunchtime Melodies with Tori 1:00 Devotions with Tyner United Methodist † 1:00 Game of Choice \$ 2:00 Artisan Express: Mary's Bakery 2:00 AL You Be the Judge \$ 3:00 Bible Study with Nancy † 6:30 Movie Night \$	16 9:15 Resident-Led Rummikub \$ 10:00 Sing Along with Tori \$ 10:30 A Individual Music Therapy with Tori 12:00 Thanksgiving Luncheon (RSVP required for guests) 1:00 Game of Choice \$ 2:00 Gratitude Craft \$ 2:00 A Thanksgiving Craft \$ 3:00 Bible Study with Joe † 3:00 Needles Not Necessary \$ 3:30 Visit with Atreyu, the Therapy Dog 6:30 Game Time \$	17 9:15 Resident-Led Rummikub\$ 10:00 Chair Exercise\$ 10:30 Assorted Games\$ 10:45 Devotions with Jennie\$ 11:00 AL I Remember That!\$ 11:00 Lunch at Chuy's 1:00 Game of Choice\$ 2:00 Music Performance with Wes & Flavor of the Month Ice Cream\$ 3:00 BINGO \$ 6:30 Game Time\$	18 10:00 Massage with Jillian (Appointment Required) 10:00 Puzzle Partners 1:00 Game of Choice 2:00 AL BINGO 4:00 AL Classic TV Show 6:30 Movie Night
3:00 Ridgedale Baptist Church† 4:00 AL Classic TV Show 6:30 Movie Night	20 9:15 Resident-Led Rummikub \$ 10:30 Zumba Exercise Class with Joan \$ 11:00 A Chair Exercise 12:00 A Piano with Katie 1:00 Christmas Shopping Trip for Tennessee Baptist Children's Home 1:00 Game of Choice \$ 2:00 Assorted Games \$ 2:00 A BINGO \$ 3:00 A Devotions with Pastor Mark 6:30 Game Time \$	21 9:15 Resident-Led Rummikub\$ 10:00 Walmart Neighborhood Market or Food City 10:30 Rummikub\$ 10:45 AL Devotions with Jennie\$ 1:00 Game of Choice\$ 2:00 AL Gingerbread Cookie Decorating with Mel\$ 2:00 Moving to Music with Patsy\$ 3:00 Bingo with Accentcare\$ 6:30 Game Time\$	22 9:15 Resident-Led Rummikub \$ 10:00 Chair Exercise \$ 10:30 Assorted Games \$ 11:00 A. Chair Exercise 11:30 A. Lunchtime Melodies with Tori 1:00 Game of Choice \$ 1:30 A. Lunchtime Melodies with Tori 1:00 Game of Choice \$ 1:30 A. Manicures & Hand Massages \$ 2:00 A. Turkey Hunting \$ 2:00 Turkey Trot Scavenger Hunt \$ 3:00 Bible Study with Nancy † 6:30 Movie Night \$	Wishing Wishing you a wonderful HANKSEIVINE DAY	24 9:15 Resident-Led Rummikub\$ 10:00 Chair Exercise\$ 10:30 Assorted Games\$ 10:45 A Devotions with Jennie\$ 1:00 Game of Choice\$ 2:00 Community Wide Birthday Party\$ 3:00 BINGO\$ 6:30 Sing Along with Ann and Friends.†	25 10:00 Puzzle Partners 1:00 Game of Choice 2:00 AL BINGO 4:00 AL Classic TV Show 6:30 Movie Night
3:00 Woodland Park Baptist Church† 4:00 AL Classic TV Show 6:30 Movie Night	27 9:15 Resident-Led Rummikub\$ 10:30 Zumba Exercise Class with Joan\$ 11:00 AL Chair Exercise 12:00 AL Piano with Katie 1:00 Game of Choice\$ 2:00 AL BINGO\$ 2:00 Crossword Craze\$ 3:00 Devotions with Pastor Mark † 3:00 AL Individual Activities with Tori\$ 6:30 Game Time\$	28 9:15 Resident-Led Rummikub \$ 10:00 Shopping at Target, Whole Foods, or Kohls 10:30 Rummikub \$ 10:45 AL Devotions with Jennie \$ 1:00 Game of Choice \$ 2:00 Moving to Music with Patsy \$ 2:00 Moving to Music with Patsy \$ 2:00 Moving to Music with Patsy \$ 3:00 BINGO with Hearth Hospice \$ 5:00 Music Performance with Jordan 6:30 Game Time \$	29 9:15 Resident-Led Rummikub\$ 10:00 Chair Exercise\$ 10:30 Assorted Games\$ 11:00 AL Chair Exercise 11:30 AL Lunchtime Melodies with Tori 1:00 Game of Choice\$ 2:00 AL Christmas Cookie Decorating \$ 2:00 Christmas Wrapping Party \$ 6:30 Movie Night\$	30 9:15 Resident-Led Rummikub\$ 10:00 Listen & Learn Christmas Carols\$ 11:00 AL Listen & Learn Christmas Carols\$ 1:00 Game of Choice\$ 2:00 Christmas Tree Decorating & Snacks\$ 2:30 Walker & Wheelchair Decorating \$ 3:00 Bible Study with Joe† 3:00 Needles Not Necessary \$ 6:30 Game Time\$		







Resident Birthdays

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	Ed Durden
11/5	Carol Stout
11/12	Carol Dollar
11/13	Ralph Painter-102 yrs
11/16	Tillie Ling
11/23	Fran Zimmerman
11/29	Ellen Gartrell



Staff Birthdays11/15Donna Long11/22Jon Nguyen11/24Patricia Presley

Staff Anniversaries

11/2/16	Katie Hollaway
11/7/16	Bob Booker
11/7/18	Sharon Culver
11/8/21	Isabella Dixon
11/8/21	Isaiah Dixon
11/27/12	Gracy Varghase



Remember to pick up your new Activity BINGO card for the month of November!



Coffee Shop Cruise This month's Coffee Shop Cruise will be to First Bloom Coffee & Bakery in Cleveland. This locally-owned coffee shop is located in the historic Old Woolen Mill. You can also enjoy shopping at the nearby antique & boutique store called Grit & Grace.



Turkey Trot We will host our first **Turkey Trot Scavenger Hunt** on November 22nd at 2 pm. Many turkeys will be hidden around the community. It is your goal to find them! This scavenger hunt will begin in the Activity Room and you have until November 24th to complete the scavenger hunt.

Hunny Anniversary

Mr. & Mrs. Prater Gil & Betty are celebrating 73 years together on the 25th!



Walker & Wheelchair Decorating

This year, after we decorate the tree together, you can pick out decorations for your walker or wheelchair. Lights, bows, ribbons, ornaments, wreaths, stickers, and so much more! Decorations are first come, first serve and Tori will be available to help you decorate to your heart's content.



Christmas Outreach This year we will partner with our neighbors, The Tennessee Baptist Children's Home, for Christmas. Residents will have the opportunity to sponsor a child's Christmas. You will sign up with Tori and she will provide you with the wish list for a child. If you would like to sponsor a child

financially yet are unable to do your own shopping, talk to Tori. Please see the list below for important dates.

- November 14th & 28th at 10 am: shopping trips (see calendar for store options)
- November 20th 1 pm-4 pm: shopping (see Tori for list of stores)
- November 29th 2 pm-4 pm: Gift Wrapping Party (supplies provided)
- December 5th at 6:30 pm: Party to share gifts with kids

