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A Place To Call Home

Find us on

Brainteaser

Question: What kind of ball can be rolled, but never bounced or thrown?

**Memorable Melody:
'Dancing in the Moonlight'**

This feel-good groove from 1972 will have you twisting in your seat and moving to the beat—after all, as the lyrics say, “You can’t dance and stay uptight!” A one-hit wonder by American band King Harvest, “Dancing in the Moonlight” has remained popular for decades thanks to its bright melody and catchy chorus describing an outdoor party where “everybody’s feelin’ warm and right.” Keyboardist Sherman Kelly wrote the song during his recovery from a near-death experience, inspired to bring a message of peace and positivity to the world.

Delightful Days

“In the entire circle of the year there are no days so delightful as those of a fine October.” — Alexander Smith

Your Friendly Staff

General Manager

Katie Leathers

Office Manager

Luann Palmer

Sales Director

Allison Darras

Resident Care Director

Tina Thomas, LPN

Recreational Director

Melissa Jerfie

Housekeeping Supervisor

Donna Long

Maintenance Director

Tim Posey



A Glowing Goodbye

“Autumn glows upon us like a splendid evening; it is the very sunset of the year.” —Mary Russell Mitford



Flu Shot Clinic

Our annual Flu Shot Clinic will be Thursday, October 13th, at 9 am in the main lobby. We will be calling residents in alphabetical order.

**Pedaling Protects
Your Joints**

Exercise is extremely beneficial, but it can also be hard on your joints, especially for people who are overweight, older than 60, or have experienced injuries in the past. Try gentle cardio activities, such as cycling, which places less pressure on the spine and joints.



**Out &
About**

Scenic Trips w/ Leslie are October 12th and October 26th at 1:30 pm. Hop on the bus and take a scenic trip. You will never know where the bus will take you!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



2

3:00 **CHRIST UNITED METHODIST CHURCH-C†**
6:30 **MOVIE NIGHT-E**

3

10:00 CHAIR EXERCISE-A
10:30 RUMMIKUB-A
11:00 CHAIR EXERCISE-AL
11:45 AL PIANO W/ KATIE-AL
1:00 GAME OF CHOICE-A
2:00 BINGO-AL
2:00 HANGMAN-A
3:00 AL DEVOTIONS W/ PASTOR MARK (RIDGEDALE BAPTIST-AL+)
3:00 TRAVEL ADVENTURES-E
5:00 **WESLEY CRIDER PERFORMS-D♥**
6:30 GAME TIME-A

4

9:30 GABFEST-A
10:30 CARD GAME-A
10:30 **TRADER JOE'S-B**
11:45 AL GAITHER CORNER-AL
1:00 TIME FOR GAMES-A
2:00 CHAIR EXERCISE-AL
2:00 MOVING TO MUSIC W/ PATSY-A
2:30 AL TRIVIA TRIAL-AL
3:00 BINGO-A
6:30 GAME TIME-A

5

10:00 CHAIR EXERCISE-A
10:30 ASST. GAMES-A
11:30 AL LUNCH CHAT-AL
1:00 GAME OF CHOICE-A
2:00 CROSSWORD KRAZE-A
2:00 AL WHAT'S NEW?-AL
3:00 TEACHING OF THE BIBLE W/ MR. HODGE-A†
3:30 AL STORY TIME-AL
6:30 GAME TIME-A

6

10:30 ALDI-B
10:30 ASST. GAMES-A
11:00 CHAIR EXERCISE-AL
11:45 AL LUNCHTIME MELODIES-AL
1:00 GAME TIME-A
2:00 BINGO-AL
2:00 CHAIR EXERCISE-A
3:00 AL DEVOTIONS W/ RANDY STARNES-AL+
3:00 SCRABBLE-A
3:30 ALLIANCE DOG THERAPY VISIT 🐾
3:30 AL LET'S GO TRAVELING-AL

7

9:30 STORY TIME-A
10:00 CHAIR EXERCISE-A
10:30 ASST. GAMES-A
10:45 LUNCH @ JOHNATHAN'S-B
11:45 AL LUNCHTIME MELODIES-AL
1:00 CHOICE OF GAME-A
2:00 **JIMMY HARRIS PERFORMS(PIANO)-D♥**
3:00 BINGO SPONSORED BY GRACE PRIMARY CARE-A
3:30 AL CHICKEN SOUP STORIES-AL
6:30 SING-ALONG W/ ANN & FRIENDS-C+

8

1:00 ASST. GAMES-A
2:00 AL BINGO-AL
3:00 BINGO-A*FREE*
6:00 AL MOVIE-AL
6:30 MOVIE NIGHT-E

9

3:00 **BRAINERD HILLS BAPTIST CHURCH-C†**
6:30 **MOVIE NIGHT-E**

Columbus Day 10

10:00 CHAIR EXERCISE-A
10:30 RUMMIKUB-A
11:00 AL CHAIR EXERCISE-AL
11:45 AL PIANO W/ KATIE-AL
1:00 GAME OF CHOICE-A
1:00 MARY KAY MAKEOVERS-L
2:00 AL BINGO-AL
2:00 CROSSWORD KRAZE-A
3:00 DEVOTIONS W/ PASTOR MARK (RIDGEDALE BAPTIST-C†)
3:30 AL JOKE CORNER-AL
6:30 GAME TIME-A

11

9:30 GABFEST-A
10:00 WALMART-B*BRING YOUR CLOTH SACKS*
10:30 CARD GAME-A
11:45 AL GAITHER CORNER-AL
1:00 TIME FOR GAMES-A
2:00 CHAIR EXERCISE-AL
2:00 MOVING TO MUSIC W/ PATSY-A
2:30 AL TRIVIA TRIAL-AL
3:00 BINGO W/ KINDRED @ HOME-A
6:30 GAME TIME-A

12

10:00 CHAIR EXERCISE-A
10:30 ASST. GAMES-A
11:30 AL LUNCH CHAT-AL
1:00 GAME OF CHOICE-A
1:30 SCENIC TRIP W/ LESLIE-B-AL
2:00 RESIDENT MIXER "MEET + GREET W/ NEW RESIDENTS-E"
2:00 AL WHAT'S NEW?-AL
3:00 DEVOTIONS W/ NANCY-A†
3:30 AL STORY TIME-AL
6:30 GAME TIME-A

13

9:00 FLU SHOT CLINIC-L (ALPHABETICAL ORDER)
10:30 ASST. GAMES-A
10:30 PUBLIX-B
11:00 AL CHAIR EXERCISE-AL
11:45 AL LUNCHTIME MELODIES-AL
1:00 GAME TIME-A
2:00 AL BINGO-AL
2:00 CHAIR EXERCISE-A
3:00 OPEN FLOOR W/ GM-D
3:00 TRAVEL ADVENTURES-E
3:30 AL LET'S GO TRAVELING-AL
6:30 GAME TIME-A

14

EARLY VOTING (GOVERNOR) 1:30 TO 3:00 PM-1ST FLOOR GAME ROOM
10:00 CHAIR EXERCISE-A
10:30 ASST. GAMES-A
10:30 LUNCH @ FUJI'S-B
2:00 DEVOTIONS W/ KATIE-C+
2:00 AL HAND EXERCISES -AL
3:00 BINGO-A
3:30 AL CHICKEN SOUP STORIES-AL
5:00 **OKTOBERFEST -THE LAST CALL BAND PERFORMS-D♥**
6:30 SING-ALONG W/ ANN & FRIENDS-C+

15

1:00 ASST. GAMES-A
2:00 AL BINGO-AL
3:00 BINGO-A*FREE*
6:00 AL MOVIE-AL
6:30 MOVIE NIGHT-E

16

3:00 **RIDGEDALE BAPTIST CHURCH-C†**
6:30 **MOVIE NIGHT-E**

17

10:00 CHAIR EXERCISE-A
10:30 RUMMIKUB-A
11:00 AL CHAIR EXERCISE-AL
11:45 AL PIANO W/ KATIE-AL
1:00 GAME OF CHOICE-A
2:00 AL BINGO-AL
2:00 MUSIC TRIVIA-A*NEW*
2:45 HANGMAN-A
3:00 AL DEVOTIONS W/ PASTOR MARK (RIDGEDALE BAPTIST-AL+)
6:30 GAME TIME-A

18

9:30 GABFEST-A
10:00 LEAVE FOR WOODEN'S APPLE PLACE-B
10:30 CARD GAME-A
11:45 AL GAITHER CORNER-AL
1:00 TIME FOR GAMES-A
2:00 CHAIR EXERCISE-AL
2:00 MOVING TO MUSIC W/ PATSY-A
2:30 AL TRIVIA TRIAL-AL
3:00 BINGO-A
6:30 GAME TIME-A

19

10:00 CHAIR EXERCISE-A
10:30 ASST. GAMES-A
11:30 AL LUNCH CHAT-AL
1:00 GAME OF CHOICE-A
1:00 TYNER UNITED METHODIST DEVOTIONS-C+
2:00 CROSSWORD KRAZE-A
2:00 AL WHAT'S NEW?-AL
3:00 TEACHING OF THE BIBLE W/ MR. HODGE-A†
3:30 AL STORY TIME-AL
6:30 GAME TIME-A

20

10:30 ASST. GAMES-A
10:30 TARGET-B
11:00 AL CHAIR EXERCISE-AL
1:00 GAME TIME-A
2:00 AL BINGO-AL
2:00 CHAIR EXERCISE-A
2:30 **OPUS 4 PERFORMS-D (FEMALE STRING QUARTET)♥**
3:30 ALLIANCE DOG THERAPY VISIT 🐾
3:30 AL LET'S GO TRAVELING-AL
3:30 TRAVEL ADVENTURES-E

21

9:30 STORY TIME-A
10:00 CHAIR EXERCISE-A
10:30 ASST. GAMES-A
10:45 LUNCH @ CITY CAFE (CLEVELAND)-B
11:45 AL LUNCHTIME MELODIES-AL
1:00 CHOICE OF GAME-A
2:00 DEVOTIONS W/ KATIE-C+
2:00 AL REMINISCE -AL
3:00 BINGO W/ SUSAN FREEMAN ENTERPRISES-A
3:30 AL CHICKEN SOUP STORIES-AL
6:30 SING-ALONG W/ ANN & FRIENDS-C+

22

1:00 ASST. GAMES-A
2:00 AL BINGO-AL
3:00 BINGO-A*FREE*
6:00 AL MOVIE-AL
6:30 MOVIE NIGHT-E

23

3:00 **LAY PASTOR DR. MCFARLAND-C†**
6:30 **MOVIE NIGHT-E**

24

10:00 CHAIR EXERCISE-A
11:45 AL PIANO W/ KATIE-AL
2:00 **NICK CHAMBERS-D♥**
3:00 DEVOTIONS W/ PASTOR MARK (RIDGEDALE BAPTIST-C†)

25

9:30 GABFEST-A
10:30 CARD GAME-A
10:30 T.J.MAXX-B
11:45 AL GAITHER CORNER-AL
1:00 TIME FOR GAMES-A
2:00 CHAIR EXERCISE-AL
2:00 MOVING TO MUSIC W/ PATSY-A
2:30 AL TRIVIA TRIAL-AL
3:00 BINGO W/ HEARTH HOSPICE-A
5:00 **JORDAN WINKLER PERFORMS-D♥**
6:30 GAME TIME-A

26

10:00 HAMRICK'S & LUNCH-B
10:30 ASST. GAMES-A
11:30 AL LUNCH CHAT-AL
1:00 GAME OF CHOICE-A
1:30 SCENIC TRIP W/ LESLIE-B*PLEASE SIGN-UP*IL
2:00 CROSSWORD KRAZE-A
2:00 AL WHAT'S NEW?-AL
3:00 MONTHLY BIRTHDAY PARTY *EVERYONE WELCOME*-A
4:00 AL STORY TIME-AL
6:30 GAME TIME-A

27

10:30 ASST. GAMES-A
10:30 MCKAYS BOOK STORE-B
11:00 AL CHAIR EXERCISE-AL
1:00 GAME TIME-A
2:00 AL BINGO-AL
2:00 CHAIR EXERCISE-A
3:00 HYMN SING-ALONG W/ RANDY STARNES-C+
3:00 AL OPEN FLOOR W/ GM-AL
3:00 TRAVEL ADVENTURES-E
3:30 AL LET'S GO TRAVELING-AL
6:30 GAME TIME-A

28

9:30 STORY TIME-A
10:00 CHAIR EXERCISE-A
10:30 ASST. GAMES-A
10:45 LUNCH @ EPICUREAN-B
1:00 CHOICE OF GAME-A
1:15 PAINTING W/ DAVID GALLERY-A★
2:00 DEVOTIONS W/ KATIE-C+
2:00 AL HAND EXERCISES -AL
3:00 BINGO-A
3:30 AL CHICKEN SOUP STORIES-AL
6:30 SING-ALONG W/ ANN & FRIENDS-C+

29

1:00 ASST. GAMES-A
2:00 AL BINGO-AL
3:00 BINGO-A*FREE*
6:00 AL MOVIE-AL
6:30 MOVIE NIGHT-E

30

3:00 **GRACEWORKS CHAPEL-C†**
6:30 **MOVIE NIGHT-E**

31

10:00 CHAIR EXERCISE-A
10:30 RUMMIKUB-A
2:00 HALLOWEEN PARTY W/ DINO & FRIENDS-D

31

9:30 GABFEST-A
10:30 CARD GAME-A
10:30 T.J.MAXX-B
11:45 AL GAITHER CORNER-AL
1:00 TIME FOR GAMES-A
2:00 CHAIR EXERCISE-AL
2:00 MOVING TO MUSIC W/ PATSY-A
2:30 AL TRIVIA TRIAL-AL
3:00 BINGO W/ HEARTH HOSPICE-A
5:00 **JORDAN WINKLER PERFORMS-D♥**
6:30 GAME TIME-A

31

10:00 HAMRICK'S & LUNCH-B
10:30 ASST. GAMES-A
11:30 AL LUNCH CHAT-AL
1:00 GAME OF CHOICE-A
1:30 SCENIC TRIP W/ LESLIE-B*PLEASE SIGN-UP*IL
2:00 CROSSWORD KRAZE-A
2:00 AL WHAT'S NEW?-AL
3:00 MONTHLY BIRTHDAY PARTY *EVERYONE WELCOME*-A
4:00 AL STORY TIME-AL
6:30 GAME TIME-A

31

10:30 ASST. GAMES-A
10:30 MCKAYS BOOK STORE-B
11:00 AL CHAIR EXERCISE-AL
1:00 GAME TIME-A
2:00 AL BINGO-AL
2:00 CHAIR EXERCISE-A
3:00 HYMN SING-ALONG W/ RANDY STARNES-C+
3:00 AL OPEN FLOOR W/ GM-AL
3:00 TRAVEL ADVENTURES-E
3:30 AL LET'S GO TRAVELING-AL
6:30 GAME TIME-A

31

9:30 STORY TIME-A
10:00 CHAIR EXERCISE-A
10:30 ASST. GAMES-A
10:45 LUNCH @ EPICUREAN-B
1:00 CHOICE OF GAME-A
1:15 PAINTING W/ DAVID GALLERY-A★
2:00 DEVOTIONS W/ KATIE-C+
2:00 AL HAND EXERCISES -AL
3:00 BINGO-A
3:30 AL CHICKEN SOUP STORIES-AL
6:30 SING-ALONG W/ ANN & FRIENDS-C+

31

1:00 ASST. GAMES-A
2:00 AL BINGO-AL
3:00 BINGO-A*FREE*
6:00 AL MOVIE-AL
6:30 MOVIE NIGHT-E

Happy Birthday



Resident Birthdays

- 10/3 Kathryn Benner
- 10/8 Pam Ragsdale
- 10/8 Barbara Timbrook
- 10/10 Jerry White
- 10/11 Lyda Shelton
- 10/13 Jane Phillips
- 10/17 Pat McPeak
- 10/26 Bea Davis
- 10/26 Alice Hickman
- 10/30 Ed McKinney



Annberlee & Eva Jo creating masterpieces!



Special thank you to Freshmen from Southern Adventist University for volunteering with us!

Activities



October Activity Highlights

- Oct. 7th Jimmy Harris 2 pm
- Oct. 12th Resident Mixer *Meet & Greet* 2 pm
- Oct. 14th Early Voting for Governor 1:30- 3pm
- Oct. 14th Oktoberfest 5pm - The Last Call Guys
- Oct. 20th Opus 4 String Quartet 2:30 pm
- Oct. 24th Nick Chamber 2 pm



Trey, one of our therapy dogs, styling!

Halloween Party

Join us Monday, October 31st, at 2 pm for our Halloween Karaoke Party with Dino & Friends. Earn Extra Funny Money by dressing in your costume.

Employee of the Month



Zee Sanford (Housekeeping)

Congratulations to Azuntae "Zee" Sanford, our September Associate of the Month. Zee chose to work with us because she enjoys helping others. Zee enjoys singing and plans to be an R & B star someday. We appreciate you, Zee!



Staff Birthdays

- 10/9 Annberlee Braud
- 10/10 Markee Crutcher, Jr
- 10/17 Isabela Dixon
- 10/20 Peter Guinia

Early Voting

Early Voting for our community will be Friday, October 14th, from 1:30 pm to 3 pm in the downstairs game room.