



6705 Ballard Drive
Chattanooga, TN 37421
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A Place To Call Home

Find us on



Important Dates

- 2/1 New Resident Social
- 2/2 Valentine’s Bracelets
- 2/5 Flower Arranging
- 2/7 Music with Michael
- 2/8 Vet to Vet Cafe
- 2/8 Music with Opus IV
- 2/9 P.F. Chang’s
- 2/12 Movie Matinee
- 2/13 Mardi Gras
- 2/14 Valentine’s Day
- 2/14 Ash Wednesday
- 2/15 Activity & Food Meeting
- 2/20 Hoodie Hoo Day
- 2/21 Health Chat with Jennie
- 2/22 Music with Butch
- 2/26 Forever Young Steppers
- 2/26 Scenic Bus Ride
- 2/28 Fire Safety Training
- 2/28 Birthday Party
- 2/29 Leap Day

Your Friendly Staff

General Manager

Katie Hollaway

Office Manager

Luann Palmer

Sales Director

Blaze Betts

Resident Care Director

Jennie Fraiser, MSN/RN

Dining Services Director

Melissa Correll

Recreational Director

Tori Rogers

Housekeeping Supervisor

Donna Long

Maintenance Director

Tim Posey



February Outings

Be sure to sign up for the lunch outings and shopping trips at the front desk. Spots are first come, first served!

Lunch Outings

- Champy’s
- P.F. Chang’s
- Community Pie
- Jason’s Deli

Shopping Trips

- Walmart (Ooltewah)
- 2nd & Charles, Five Below, or Marshalls
- Walmart Neighborhood Market or Food City (no grocery delivery)
- Popshelf, World Market, T.J. Maxx, or Michaels



Fire Safety Training

Join us at 1:30 pm on February 28th in the Dining Room for our annual Fire Safety Training.

Flower Arranging

Join us February 5th at 2pm. Together we will learn about the art behind arranging flowers. If you would like to take your arrangement with you, bring your own vase!



Donuts With Directors

Join us on February 22nd at 9:30 am for Donuts with Directors: A fun time for residents to spend some one-on-one time with our leadership team.

Sunday

Monday

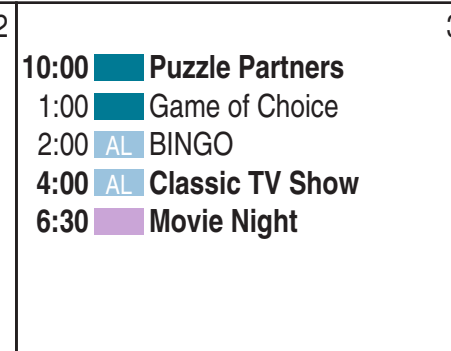
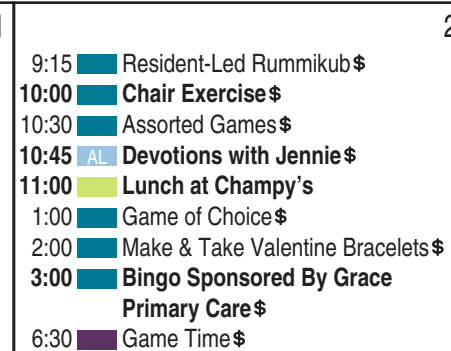
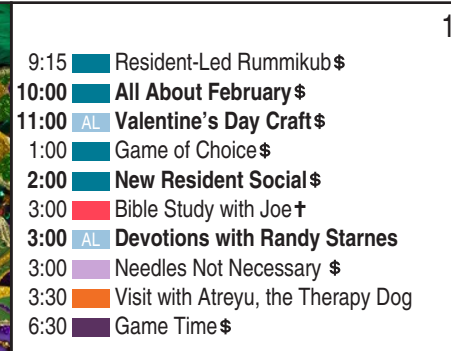
Tuesday

Wednesday

Thursday

Friday

Saturday



4
1:00 ■ Game of Choice
3:00 ■ Christ United Methodist Church†
4:00 ■ Classic TV Show
6:30 ■ Movie Night

5
9:15 ■ Resident-Led Rummikub\$
10:30 ■ Zumba Exercise Class with Joan\$
11:00 ■ Chair Exercise
1:00 ■ Game of Choice\$
2:00 ■ BINGO\$
2:00 ■ Flower Arranging\$
3:00 ■ Devotions with Pastor Mark †
3:00 ■ Make & Take Valentines
6:30 ■ Game Time\$

6
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Walmart (Ooltewah)
10:30 ■ Rummikub\$
10:45 ■ Devotions with Jennie\$
1:00 ■ Game of Choice\$
2:00 ■ Health Chat with Jennie\$
2:00 ■ Moving to Music with Patsy\$
2:30 ■ Frozen Yogurt Sundaes
3:00 ■ Bingo with Senior Helpers\$
6:30 ■ Game Time\$

7
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Chair Exercise\$
10:30 ■ Assorted Games\$
11:00 ■ Chair Exercise
1:00 ■ Game of Choice\$
2:00 ■ Activity Meeting with Tori\$
2:30 ■ Music Performance with Michael\$
3:00 ■ Bible Study with Nancy†
6:30 ■ Movie Night\$

8
9:15 ■ Resident-Led Rummikub\$
10:30 ■ Vet to Vet Cafe with Caris Healthcare\$
1:00 ■ Game of Choice\$
2:00 ■ Music Performance with Opus IV\$
2:00 ■ Scenic Bus Ride
3:00 ■ Hershey Kiss Matchup\$
3:00 ■ Needles Not Necessary \$
6:30 ■ Game Time\$

9
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Chair Exercise\$
10:30 ■ Assorted Games\$
10:45 ■ Devotions with Jennie\$
11:00 ■ I Remember That!\$
1:00 ■ Lunch at P.F. Chang's
2:00 ■ Game of Choice\$
2:00 ■ Music Performance with Wes\$
3:00 ■ BINGO & Popcorn \$
6:30 ■ Game Time\$

10
10:00 ■ Puzzle Partners
1:00 ■ Game of Choice
2:00 ■ BINGO
4:00 ■ Classic TV Show
6:30 ■ Movie Night

11
1:00 ■ Game of Choice
3:00 ■ Brainerd Hills Baptist Church†
4:00 ■ Classic TV Show
6:00 ■ Super Bowl Party

12
9:15 ■ Resident-Led Rummikub\$
10:30 ■ Zumba Exercise Class with Joan\$
11:00 ■ Chair Exercise
1:00 ■ Game of Choice\$
1:00 ■ Mary Kay Makeovers
1:00 ■ Movie Matinee
2:00 ■ BINGO\$
2:00 ■ Make & Take Valentines\$
3:00 ■ Devotions with Pastor Mark
6:30 ■ Game Time\$

13
Mardi Gras
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Shopping at 2nd & Charles, Five Below, or Marshalls
10:30 ■ Rummikub\$
10:45 ■ Devotions with Jennie\$
1:00 ■ Game of Choice\$
2:00 ■ Mardi Gras Social\$
2:00 ■ Moving to Music with Patsy\$
3:00 ■ Mardi Gras BINGO \$
6:30 ■ Game Time\$

14
Valentine's Day
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Ash Wednesday Service\$
10:30 ■ Assorted Games\$
1:00 ■ Game of Choice\$
2:00 ■ Valentine's Day Party with Barkey\$
6:30 ■ Movie Night\$

15
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Marshmallow Snowflakes & Hot Chocolate\$
11:00 ■ Hot Chocolate Social
1:00 ■ Game of Choice\$
2:00 ■ Activity Meeting with Tori\$
2:30 ■ Dining Meeting with Mel\$
3:00 ■ Bible Study with Joe\$
3:00 ■ Needles Not Necessary \$
3:30 ■ Visit with Atreyu, the Therapy Dog
6:30 ■ Game Time\$

16
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Chair Exercise\$
10:30 ■ Assorted Games\$
10:45 ■ Devotions with Jennie\$
11:00 ■ Lunch at Community Pie
1:00 ■ Game of Choice\$
2:00 ■ BINGO with Comfort Keepers\$
2:00 ■ BINGO with Fun Bones
6:30 ■ Game Time\$

17
10:00 ■ Puzzle Partners
1:00 ■ Game of Choice
2:00 ■ BINGO
4:00 ■ Classic TV Show
6:30 ■ Movie Night

18
1:00 ■ Game of Choice
3:00 ■ Ridgedale Baptist Church†
4:00 ■ Classic TV Show
6:30 ■ Movie Night

19
Presidents Day
9:15 ■ Resident-Led Rummikub\$
10:30 ■ Zumba Exercise Class with Joan\$
11:00 ■ Chair Exercise
1:00 ■ Game of Choice\$
2:00 ■ BINGO\$
2:00 ■ Presidents Day Jeopardy\$
3:00 ■ Devotions with Pastor Mark †
3:00 ■ Flower Arranging
6:30 ■ Game Time\$

20
Hoodie Hoo Day
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Walmart Neighborhood Market or Food City
10:30 ■ Rummikub\$
10:45 ■ Devotions with Jennie\$
1:00 ■ Game of Choice\$
2:00 ■ Candy Aisle Chaos\$
2:00 ■ Moving to Music with Patsy\$
3:00 ■ Bingo\$
6:30 ■ Game Time\$

21
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Chair Exercise\$
10:30 ■ Assorted Games\$
11:00 ■ Chair Exercise
1:00 ■ Devotions with Tyner United Methodist †
2:00 ■ Craft with Hearth Hospice
2:00 ■ Health Chat with Jennie\$
3:00 ■ Bible Study with Nancy†
6:30 ■ Movie Night\$

22
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Donuts with Directors\$
1:00 ■ Game of Choice\$
2:00 ■ Music Performance with Butch\$
3:00 ■ Hymn Sing-Along with Randy†
3:00 ■ Needles Not Necessary \$
6:30 ■ Game Time\$

23
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Chair Exercise\$
10:30 ■ Assorted Games\$
10:45 ■ Devotions with Jennie\$
11:00 ■ I Remember That!\$
11:00 ■ Lunch at Jason's Deli
1:00 ■ Game of Choice\$
2:00 ■ Candy Aisle Chaos\$
2:00 ■ Popcorn & Movie Trivia
3:00 ■ BINGO Sponsored by Senior Helpers\$
6:30 ■ Game Time\$
6:30 ■ Sing Along with Ann and Friends. †

24
9:00 ■ Massage with Jillian (Appointment Required)
10:00 ■ Puzzle Partners
1:00 ■ Game of Choice
1:15 ■ Music Performance with Jordan
2:00 ■ BINGO
4:00 ■ Classic TV Show
6:30 ■ Movie Night

25
1:00 ■ Game of Choice
3:00 ■ Woodland Park Baptist Church†
4:00 ■ Classic TV Show
6:30 ■ Movie Night

26
9:15 ■ Resident-Led Rummikub\$
10:30 ■ Zumba Exercise Class with Joan\$
11:00 ■ Chair Exercise
1:00 ■ Game of Choice\$
1:30 ■ Forever Young Steppers\$
2:00 ■ BINGO\$
2:30 ■ Scenic Bus Ride\$
3:00 ■ Devotions with Pastor Mark
6:30 ■ Game Time\$

27
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Shopping at Popshef, World Market, T.J. Maxx, or Michaels
10:30 ■ Rummikub\$
10:45 ■ Devotions with Jennie\$
1:00 ■ Game of Choice\$
2:00 ■ Dining Meeting with Mel
2:00 ■ Moving to Music with Patsy\$
3:00 ■ BINGO with Hearth Hospice\$
6:30 ■ Game Time\$

28
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Chair Exercise\$
10:30 ■ Assorted Games\$
11:00 ■ Chair Exercise
1:00 ■ Fire Safety Training \$
1:00 ■ Game of Choice\$
2:00 ■ Community Birthday Party\$
2:00 ■ Manicures & Hand Massages\$
3:00 ■ Bible Study with Nancy†
6:30 ■ Movie Night\$

29
Leap Day
9:15 ■ Resident-Led Rummikub\$
10:00 ■ Leap Day Jeopardy\$
11:00 ■ Leap Day Trivia \$
1:00 ■ Game of Choice\$
1:30 ■ Leap Day Scavenger Hunt \$
2:00 ■ Make & Take Leap Day Snacks\$
2:00 ■ Movie Matinee: Leap Year
6:30 ■ Game Time\$





Resident Birthdays

- 2/6..... Sandy Watson
- 2/11..... Pam Wood
- 2/16..... Gerry Cotter
- 2/22..... James Hayes
- 2/24..... Marjorie Snyder
- 2/26..... Mary Roberson



Staff Birthdays

- 2/6..... Ty Mathis
- 2/13..... Tate Holzmacher
- 2/17..... Grace Jones
- 2/25..... Jennifer Nixon



Staff Anniversaries

- 2/10..... Dana Sanders
- 2/15..... Dee Dee Cooper



Happy Valentine's Day!

We wish all of our residents a very happy Valentine's Day. May your day be extra sweet!

Hoodie Hoo Day

U.S. Hoodie Hoo Day is on **February 20**. If you are sick of the heaters, coats-on-sweaters, red noses and boots, mark the end of winter with fun as you join your community to say goodbye to winter!

Join us in saying goodbye to winter by wearing your comfiest hoodie or sweatshirt!



Movie Matinee

We will be taking a trip to the movie theater on February 12th. Sign up for this trip at the front desk. Tori will announce the movie showing and time the week prior.



Mardi Gras BINGO

Join us for Mardi Gras BINGO on Fat Tuesday, February 13th. We will feast on King Cake and enjoy an afternoon of FREE BINGO!



Super Bowl Sunday

Join us for our annual Super Bowl Party on February 11th at 6 pm in the Game Room. We will be streaming the game and serving pizza and chips: A fun evening for everyone!



Activity & Dining Meeting

Join us on February 15th to discuss community activities & the Dining Department. In between meetings, we will serve some specialty ice cream flavors.



Sealed With a Kiss

Introduced in 1907, Hershey's Kisses are now one of the most popular candies purchased for Valentine's Day. To meet Cupid's demands, it's estimated that more than 750 million of the little chocolate drops are produced for the holiday.



A Presidential Month

Two of America's most famous leaders, first President George Washington and 16th President Abraham Lincoln, were born in February, contributing to the establishment of Presidents Day. The federal holiday on the third Monday of the month celebrates all U.S. presidents. Two other chief executives were also born in February: William Henry Harrison and Ronald Reagan.