



6705 Ballard Drive  
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*A Place To Call Home*

Find us on



**Important Dates**

- 3/1 ..... Rain
- 3/6 ..... Donuts with Directors
- 3/6 ..... Music with Michael
- 3/7 ..... Lucky Leprechaun Snacks
- 3/8 ..... Bad Daddy's Burgers
- 3/8 ..... Music with Wes
- 3/9 ..... Girl Scout Cookie Sales
- 3/11 ..... Flower Arranging
- 3/13 ..... Music with Joyful Sounds
- 3/13 ..... Health Chat with Jennie
- 3/14 ..... Activity & Dining Meetings
- 3/15 ..... Abuelo's
- 3/15 ..... St. Patrick's Day Party
- 3/18 ..... Peeps & Puzzles
- 3/20 ..... Easter Party & Egg Hunt
- 3/21 ..... Coffee Shop Cruise
- 3/21 ..... Wellness Checks
- 3/22 ..... Acropolis Grill
- 3/23 ..... Music with Jordan
- 3/27 ..... Jellybean Jumble
- 3/28 ..... Bunny Bum Ice Cream
- 3/29 ..... Birthday Bash
- 3/31 ..... Easter

**Your Friendly Staff**

**General Manager**

Katie Hollaway

**Office Manager**

Luann Palmer

**Sales Director**

Blaze Betts

**Resident Care Director**

Jennie Fraiser, MSN/RN

**Dining Services Director**

Melissa Correll

**Recreational Director**

Tori Rogers

**Housekeeping Supervisor**

Donna Long

**Maintenance Director**

Tim Posey



**Legacy Healthcare Services**

We are excited to announce that Hickory Valley has partnered with Legacy Healthcare Services, a rehabilitation therapy provider for occupational, physical and speech therapy services. Legacy therapists will have a clinic location in our 1st Floor Game Room. This room will still be used for daily activities in addition to therapy equipment.

Please contact Tori or Jennie if you are interested in any of the services they offer. You may also contact the Area Director, Christine Riley:

Phone: 214-682-1802

Email: criley@legacyinc.com



**Special Guest...**

Christian Country Music Artist Shellem Cline will be making a stop to perform on March 1st at 2 pm. He will provide entertainment "with funny songs that talk about everyday life, to inspirational tunes that inspire an individual to be a better person, to the classic gospel songs, Shellem Cline can bring a message that is sure to touch lives."



*It's Cookie Time!*

**Girl Scout Cookie Sales**

Girl Scout Troop #40010 will visit to sell cookies in the Lobby on March 9th from 10:30-11:30. Each box is \$6 ~ cash only.

**Location Changes**

Due to some changes in the weekly schedules, please pay close attention to the locations of the activities on the calendar. Specifically, Needles Not Necessary on Thursdays will now be meeting in the Activity Room and Puzzle Partners on Saturday will meet in the Breezeway.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Chair Exercise \$  
 10:30 ■ Assorted Games \$  
 10:45 ■ Devotions with Jennie \$  
 11:00 ■ Lunch at Rain  
 11:00 ■ This or That  
 1:00 ■ Game of Choice \$  
 2:00 ■ Music Performance with Shellum Cline \$  
 3:00 ■ Bingo Sponsored By Grace Primary Care \$  
 6:30 ■ Game Time \$

10:00 ■ Puzzle Partners  
 1:00 ■ Game of Choice  
 2:00 ■ BINGO  
 4:00 ■ Classic TV Show  
 6:30 ■ Movie Night

3  
 1:00 ■ Game of Choice  
 3:00 ■ Christ United Methodist Church  
 4:00 ■ Classic TV Show  
 6:30 ■ Movie Night

4  
 9:15 ■ Resident-Led Rummikub \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ Chair Exercise  
 1:00 ■ Christian Fellowship & Love  
 1:00 ■ Game of Choice \$  
 2:00 ■ BINGO \$  
 2:00 ■ Crossword Craze \$  
 2:00 ■ The History of Britain \$  
 3:00 ■ Bible Study with Mark Cabeen \$  
 3:00 ■ Word Jumbles  
 6:30 ■ Game Time \$

5  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Walmart (Ooltewah)  
 10:30 ■ Rummikub \$  
 10:45 ■ Devotions with Jennie \$  
 1:00 ■ Game of Choice \$  
 2:00 ■ Chair Exercise \$  
 2:00 ■ Health Chat with Jennie \$  
 3:00 ■ Bingo Sponsored by Hospice of Chattanooga \$  
 6:30 ■ Game Time \$

6  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Donuts with Directors \$  
 10:30 ■ Chair Exercise Video \$  
 11:00 ■ Chair Exercise  
 1:00 ■ Game of Choice \$  
 1:30 ■ Balance Screening with CenterWell \$  
 2:30 ■ Music Performance with Michael \$  
 2:30 ■ Wellness Checks with AccentCare  
 6:30 ■ Movie Night \$

7  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ All About March \$  
 11:00 ■ All About March  
 1:00 ■ Game of Choice \$  
 1:30 ■ Activity Meeting with Tori  
 2:00 ■ Dining Meeting with Mel  
 2:00 ■ Lucky Leprechaun Snacks \$  
 3:00 ■ Bible Study with Joe  
 3:00 ■ Devotions with Randy Starnes  
 3:00 ■ Needles Not Necessary \$  
 3:30 ■ Visit with Atreyu, the Therapy Dog  
 6:30 ■ Game Time \$

8  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Chair Exercise \$  
 10:30 ■ Assorted Games \$  
 10:45 ■ Devotions with Jennie \$  
 11:00 ■ I Remember That! \$  
 11:00 ■ Lunch at Bad Daddy's Burgers  
 11:00 ■ Trivia Trial  
 1:00 ■ Game of Choice \$  
 2:00 ■ Music Performance with Wes \$  
 3:00 ■ BINGO & Popcorn \$  
 6:30 ■ Game Time \$

9  
 9:00 ■ Massage with Jillian (Appointment Required)  
 10:00 ■ Puzzle Partners  
 10:30 ■ Girl Scout Cookie Sales  
 1:00 ■ Game of Choice  
 2:00 ■ BINGO  
 2:00 ■ Chattanooga State Art Club Craft \$  
 4:00 ■ Classic TV Show  
 6:30 ■ Movie Night

10  
 1:00 ■ Game of Choice  
 3:00 ■ Brainerd Hills Baptist Church  
 4:00 ■ Classic TV Show  
 6:30 ■ Movie Night

11  
 9:15 ■ Resident-Led Rummikub \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ Chair Exercise  
 1:00 ■ Game of Choice \$  
 1:00 ■ Mary Kay Makeovers  
 2:00 ■ BINGO \$  
 2:00 ■ Flower Arranging \$  
 2:00 ■ The History of Britain \$  
 3:00 ■ Bible Study with Mark Cabeen \$  
 3:00 ■ Cranium Crunches  
 6:30 ■ Game Time \$

12  
 9:15 ■ Resident-Led Rummikub \$  
 10:30 ■ Rummikub \$  
 10:45 ■ Devotions with Jennie \$  
 1:00 ■ Game of Choice \$  
 2:00 ■ Chair Exercise Video \$  
 2:00 ■ Lucky Leprechaun Trivia  
 2:00 ■ Manicures  
 3:00 ■ BINGO with CenterWell \$  
 6:30 ■ Game Time \$

13  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Trader Joe's or Home Goods  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ Chair Exercise  
 1:00 ■ Game of Choice \$  
 1:00 ■ Music Performance with Joyful Sounds Senior Community Choir \$  
 2:00 ■ Craft with Hearth Hospice \$  
 2:00 ■ Health Chat with Jennie \$  
 2:00 ■ Manicures & Hand Massages \$  
 3:00 ■ Bible Study with Nancy  
 6:30 ■ Movie Night \$

14  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Wheel of Fortune \$  
 11:00 ■ Flower Arranging  
 1:00 ■ Game of Choice \$  
 2:00 ■ Activity Meeting with Tori \$  
 2:00 ■ Name that Logo  
 2:30 ■ Dining Meeting with Mel \$  
 3:00 ■ Needles Not Necessary \$  
 3:00 ■ The Chosen \$  
 6:30 ■ Game Time \$

15  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Chair Exercise \$  
 10:30 ■ Assorted Games \$  
 10:45 ■ Devotions with Jennie \$  
 11:00 ■ Lunch at Abuelo's  
 11:00 ■ This or That  
 1:00 ■ Game of Choice \$  
 2:00 ■ St. Patrick's Day Trivia & Snacks \$  
 2:30 ■ LUCKY BINGO \$  
 6:30 ■ Game Time \$

16  
 10:00 ■ Puzzle Partners  
 1:00 ■ Game of Choice  
 2:00 ■ BINGO  
 4:00 ■ Classic TV Show  
 6:30 ■ Movie Night

17  
 St. Patrick's Day  
 1:00 ■ Game of Choice  
 3:00 ■ Ridgedale Baptist Church  
 4:00 ■ Classic TV Show  
 6:30 ■ Movie Night

18  
 9:15 ■ Resident-Led Rummikub \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ Chair Exercise  
 1:00 ■ Christian Fellowship & Love  
 1:00 ■ Game of Choice \$  
 2:00 ■ BINGO \$  
 2:00 ■ Peeps & Puzzles \$  
 2:00 ■ The History of Britain \$  
 3:00 ■ Bible Study with Mark Cabeen \$  
 3:00 ■ Word Jumbles  
 6:30 ■ Game Time \$

19  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Walmart Neighborhood Market or Food City  
 10:30 ■ Rummikub \$  
 10:45 ■ Devotions with Jennie \$  
 1:00 ■ Game of Choice \$  
 2:00 ■ Chair Exercise \$  
 2:00 ■ Funny Bones  
 2:30 ■ Word Teasers  
 3:00 ■ Bingo \$  
 6:30 ■ Game Time \$

20  
 9:15 ■ Resident-Led Rummikub \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ Chair Exercise  
 1:00 ■ Devotions with Tyner United Methodist  
 1:00 ■ Game of Choice \$  
 1:30 ■ Easter Egg Hunt  
 2:00 ■ Easter Party with Barkey \$  
 3:00 ■ Easter Egg Hunt \$  
 6:30 ■ Movie Night \$

21  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Coffee Shop Cruise: First Bloom & Shopping at Grit & Grace  
 11:00 ■ Crossword Craze  
 1:00 ■ Game of Choice \$  
 2:00 ■ Jellybean Jumble  
 2:00 ■ Wellness Checks with AccentCare \$  
 3:00 ■ Bible Study with Joe \$  
 3:00 ■ Needles Not Necessary \$  
 3:30 ■ Visit with Atreyu, the Therapy Dog  
 6:30 ■ Game Time \$

22  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Chair Exercise \$  
 10:30 ■ Assorted Games \$  
 10:45 ■ Devotions with Jennie \$  
 11:00 ■ I Remember That! \$  
 11:00 ■ Lunch at Acropolis Grill  
 11:00 ■ Trivia Trial  
 1:00 ■ Game of Choice \$  
 2:00 ■ Easter Craft \$  
 3:00 ■ BINGO with Comfort Keepers \$  
 6:30 ■ Game Time \$  
 6:30 ■ Sing Along with Ann and Friends.

23  
 10:00 ■ Puzzle Partners  
 1:00 ■ Game of Choice  
 1:15 ■ Music Performance with Jordan  
 2:00 ■ BINGO  
 4:00 ■ Classic TV Show  
 6:30 ■ Movie Night

24  
 Palm Sunday  
 1:00 ■ Game of Choice  
 3:00 ■ Woodland Park Baptist Church  
 4:00 ■ Classic TV Show  
 6:30 ■ Movie Night

25  
 9:15 ■ Resident-Led Rummikub \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ Chair Exercise  
 1:00 ■ Game of Choice \$  
 2:00 ■ BINGO \$  
 2:00 ■ Crossword Craze \$  
 2:00 ■ The History of Britain \$  
 3:00 ■ Bible Study with Mark Cabeen \$  
 3:00 ■ Cranium Crunches  
 6:30 ■ Game Time \$

26  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Shopping at Target  
 10:30 ■ Rummikub \$  
 10:45 ■ Devotions with Jennie \$  
 1:00 ■ Game of Choice \$  
 2:00 ■ Bunny Bum Ice Cream Sundaes  
 2:00 ■ Chair Exercise \$  
 2:00 ■ Scenic Bus Ride  
 3:00 ■ BINGO with Hearth Hospice \$  
 6:30 ■ Game Time \$

27  
 9:15 ■ Resident-Led Rummikub \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ Chair Exercise  
 1:00 ■ Game of Choice \$  
 2:00 ■ Jellybean Jumbles \$  
 2:00 ■ Manicures & Hand Massages \$  
 3:00 ■ Bible Study with Nancy  
 6:30 ■ Movie Night \$

28  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Easter Jeopardy \$  
 11:00 ■ Circus Puzzles  
 1:00 ■ Game of Choice \$  
 2:00 ■ Bunny Bum Ice Cream Sundaes \$  
 2:00 ■ Circus Day Movie Matinee  
 2:00 ■ The Chosen \$  
 3:00 ■ Hymn Sing-Along with Randy  
 3:00 ■ Needles Not Necessary \$  
 6:30 ■ Game Time \$

29  
 Good Friday  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Chair Exercise \$  
 10:30 ■ Assorted Games \$  
 10:45 ■ Devotions with Jennie \$  
 11:00 ■ This or That  
 1:00 ■ Game of Choice \$  
 2:00 ■ Birthday Bash \$  
 3:00 ■ Bingo with Senior Helpers \$  
 6:30 ■ Game Time \$

30  
 10:00 ■ Puzzle Partners  
 1:00 ■ Game of Choice  
 2:00 ■ BINGO  
 4:00 ■ Classic TV Show  
 6:30 ■ Movie Night

31  
 Easter  
 1:00 ■ Game of Choice  
 3:00 ■ Graceworks Church  
 4:00 ■ Classic TV Show  
 6:30 ■ Movie Night

31  
 9:15 ■ Resident-Led Rummikub \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ Chair Exercise  
 1:00 ■ Game of Choice \$  
 2:00 ■ BINGO \$  
 2:00 ■ Crossword Craze \$  
 2:00 ■ The History of Britain \$  
 3:00 ■ Bible Study with Mark Cabeen \$  
 3:00 ■ Cranium Crunches  
 6:30 ■ Game Time \$

31  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Shopping at Target  
 10:30 ■ Rummikub \$  
 10:45 ■ Devotions with Jennie \$  
 1:00 ■ Game of Choice \$  
 2:00 ■ Bunny Bum Ice Cream Sundaes  
 2:00 ■ Chair Exercise \$  
 2:00 ■ Scenic Bus Ride  
 3:00 ■ BINGO with Hearth Hospice \$  
 6:30 ■ Game Time \$

31  
 9:15 ■ Resident-Led Rummikub \$  
 10:30 ■ Zumba Exercise Class with Joan \$  
 11:00 ■ Chair Exercise  
 1:00 ■ Game of Choice \$  
 2:00 ■ Jellybean Jumbles \$  
 2:00 ■ Manicures & Hand Massages \$  
 3:00 ■ Bible Study with Nancy  
 6:30 ■ Movie Night \$

31  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Easter Jeopardy \$  
 11:00 ■ Circus Puzzles  
 1:00 ■ Game of Choice \$  
 2:00 ■ Bunny Bum Ice Cream Sundaes \$  
 2:00 ■ Circus Day Movie Matinee  
 2:00 ■ The Chosen \$  
 3:00 ■ Hymn Sing-Along with Randy  
 3:00 ■ Needles Not Necessary \$  
 6:30 ■ Game Time \$

31  
 Good Friday  
 9:15 ■ Resident-Led Rummikub \$  
 10:00 ■ Chair Exercise \$  
 10:30 ■ Assorted Games \$  
 10:45 ■ Devotions with Jennie \$  
 11:00 ■ This or That  
 1:00 ■ Game of Choice \$  
 2:00 ■ Birthday Bash \$  
 3:00 ■ Bingo with Senior Helpers \$  
 6:30 ■ Game Time \$

31  
 10:00 ■ Puzzle Partners  
 1:00 ■ Game of Choice  
 2:00 ■ BINGO  
 4:00 ■ Classic TV Show  
 6:30 ■ Movie Night



### Resident Birthdays

- 3/2 ..... Mark Cabeen
- 3/3 ..... Mary Anne Wilson
- 3/19 ..... John Haley
- 3/20 ..... Kathy Ellis
- 3/24 ..... Dot Banks
- 3/25 ..... Frank Bradford
- 3/27 ..... Gil Prater
- 3/29 ..... Dwight Hurlbut
- 3/30 ..... Lavonia Fann
- 3/30 ..... Al Bonea



### Staff Birthdays

- 3/8 ..... Anna McGill
- 3/11 ..... Dee Dee Cooper
- 3/14 ..... Tim Posey
- 3/15 ..... Isaiah Dixon
- 3/27 ..... Elizabeth Poteet
- 3/31 ..... Rhonda Halbert



### Staff Anniversaries

- 3/5/20 ..... Raven Chapman
- 3/25/23 ..... Aurelio Andres
- 3/25/23 ..... Kai Ryals
- 3/25/23 ..... Garland Eastman



### St. Patrick's Day Party

Join us on March 15th for St. Patrick's Day Trivia & free BINGO! May the luckiest leprechauns win!



### Now Showing...

#### The History of Britain

This 15-part docuseries presented by The History Channel re-animates familiar tales and illuminates overlooked aspects of England's past. Each episode is 1 hour and will be played on Mondays at 2pm in the 1st Floor Game Room.

#### The Chosen

This multi-season series "The Chosen" is one of the first of its kind. This show portrays the life of Christ through the eyes of those who met him. This is an ongoing series that we will watch every other Thursday afternoon.



### Lucky Leprechaun Snacks

Join us for some make-and-take snacks on March 7th at 2 pm. We will be making a few different Leprechaun treats with Lucky Charms together.



### Chatt State Art Club

Join students for a fun weekend craft on March 9th at 2 pm.



Monthly flower arranging class is March 11th at 2 pm!

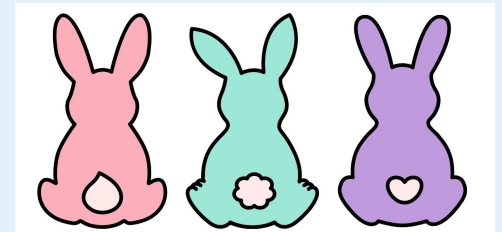


### Peeps & Puzzles

Come ready to work your brain and enjoy a sweet treat on March 18th at 2 pm. Tori will have a variety of spring puzzles and trivia, as well as a few different peeps for you to try!



Join us on March 27th at 2 pm for a fun and tasty game. We will be guessing a variety of jellybean flavors based on look and taste. The resident who correctly guesses the most flavors will win a special prize!



### Bunny Bum Ice Cream Sundaes

For this month's specialty Ice Cream Social, we will be making a cute spring treat! We will make ice cream sundaes that resemble bunnies! Make sure to hop in for a nice afternoon treat on March 28th at 2 pm!