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A Place To Call Home

Find us on



Important Dates

- 4/3 Music with Michael
- 4/4 Outing to the Colonnade
- 4/5 Caramel Apples
- 4/8 Flower Arranging
- 4/10 Donuts with Directors
- 4/10 Health Chat with Jennie
- 4/11 Lunch at Lilly Mae's
- 4/12 Music with Wes
- 4/13 Chair Dance Class
- 4/17 Sock Hop with Barkey
- 4/18 Lunch at the Cookie Jar
- 4/18 Music with Opus IV
- 4/19 Banana Splits
- 4/20 Music with Heaven Seeker
- 4/22 Earth Day Social
- 4/24 Health Chat with Legacy
- 4/25 LongHorn Steakhouse
- 4/26 Make & Take Trail Mix
- 4/27 Music with Jordan
- 4/29 Birthday Bash
- 4/30 Hamrick's & Lunch
- 4/30 Jeopardy with Directors

Your Friendly Staff

- General Manager**
Katie Hollaway
- Office Manager**
Luann Palmer
- Sales Director**
Blaze Betts
- Resident Care Director**
Jennie Fraiser, MSN/RN
- Dining Services Director**
Melissa Correll
- Recreational Director**
Tori Rogers
- Housekeeping Supervisor**
Donna Long
- Maintenance Director**
Tim Posey



April 4th, 10 am

The students and faculty of Grace Baptist Academy have been working very hard on this year's Spring musical, *You're a Good Man, Charlie Brown*. They graciously allow us to attend their Thursday matinee each year and it's always a blast! Tickets are \$6 and turn in your ticket money to Tori by April 2nd, at 4 pm. Lunch will be provided.

You're a Good Man, Charlie Brown tells the story of an average day in the life of the famous comic strip hero, Charlie Brown. The vignettes reflect moments picked from Valentine's Day to baseball season, ranging emotionally from wild optimism to utter despair.



Changes to Lunch Outings

We will be going out to lunches on Thursdays, at 11 am, instead of Fridays. Please see Tori if you have any questions about this change.



Resident Interest Groups

Hooks & Needles: Meets in the Activity Room weekly on Thursdays, at 3 pm. This group enjoys yarn and needle art.

Christian Ladies: Meets bi-weekly in the 3rd floor sitting room. See Mary Anne Wilson or Carolyn Eck with any questions.

Activities at Hickory Valley

All activities are subject to change. See the weekly opportunity and daily sheets for the most up-to-date activity schedule.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Zumba Exercise Class with Joan \$</p> <p>11:00 AL Chair Exercise with Legacy Healthcare</p> <p>11:30 AL Luncheon Melodies</p> <p>1:00 Christian Ladies</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL BINGO \$</p> <p>2:00 Phrases of the Past & Present \$</p> <p>2:00 The History of Britain \$</p> <p>3:00 Devotions with Mark Cabeen \$</p> <p>3:00 AL Word Jumbles</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Walmart (Ooltewah)</p> <p>10:30 Rummikub \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 AL Funny Bones</p> <p>1:00 Game of Choice \$</p> <p>2:00 Chair Exercise \$</p> <p>2:00 AL Health Chat with Jennie \$</p> <p>3:00 Bingo Sponsored by Hospice of Chattanooga \$</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Walmart (Ooltewah)</p> <p>10:30 Rummikub \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 AL Funny Bones</p> <p>1:00 Game of Choice \$</p> <p>2:00 Chair Exercise \$</p> <p>2:00 AL Health Chat with Jennie \$</p> <p>3:00 Bingo Sponsored by Hospice of Chattanooga \$</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Zumba Exercise Class with Joan \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Hymn Sing Along \$</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL Manicures & Hand Massages \$</p> <p>2:30 Music Performance with Michael \$</p> <p>3:00 Bible Study with Nancy</p> <p>6:30 Movie Night \$</p>	<p>10:00 You're a Good Man, Charlie Brown Musical</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 AL Trivia Trial</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL Comedy Hour \$</p> <p>2:00 Volunteer Thank You Cards \$</p> <p>3:00 Bible Study with Joe</p> <p>3:00 AL Devotions with Randy Starnes</p> <p>3:00 Hooks & Needles \$</p> <p>3:30 Visit with Atreyu, the Therapy Dog</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Chair Exercise with Legacy Healthcare \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Gaither Corner</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL Apple Nachos & Trivia \$</p> <p>2:00 Fun Friday: Caramel Apples \$</p> <p>3:00 Bingo Sponsored By Grace Primary Care \$</p> <p>6:30 Game Time \$</p>	<p>9:00 Massage with Jillian (Appointment Required)</p> <p>10:00 Puzzle Partners</p> <p>1:00 Game of Choice</p> <p>2:00 AL BINGO</p> <p>4:00 AL Classic TV Show</p> <p>6:30 Movie Night</p>
7	8	9	10	11	12	13
<p>1:00 Game of Choice</p> <p>3:00 Christ United Methodist Church</p> <p>4:00 AL Classic TV Show</p> <p>6:30 Movie Night</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Zumba Exercise Class with Joan \$</p> <p>11:00 AL Chair Exercise with Legacy Healthcare</p> <p>11:30 AL Luncheon Melodies</p> <p>1:00 Game of Choice \$</p> <p>1:00 Mary Kay Makeovers</p> <p>2:00 AL BINGO \$</p> <p>2:00 Flower Arranging \$</p> <p>2:00 The History of Britain \$</p> <p>3:00 AL Cranium Crunches</p> <p>3:00 Devotions with Mark Cabeen \$</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Shopping at Hobby Lobby, Dollar Tree, or Goodwill</p> <p>10:30 Rummikub \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 AL Funny Bones</p> <p>1:00 Game of Choice \$</p> <p>2:00 Chair Exercise \$</p> <p>2:00 AL Logos Game \$</p> <p>3:00 BINGO with CenterWell \$</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Donuts with Directors \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Hymn Sing Along \$</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL Craft with Hearth Hospice \$</p> <p>2:00 Health Chat with Jennie \$</p> <p>3:00 Bible Study with Nancy</p> <p>6:30 Movie Night \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 A to Z Challenge \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 Lunch at Lilly Mae's</p> <p>11:00 AL Trivia Trial</p> <p>1:00 Game of Choice \$</p> <p>2:00 New Resident Social \$</p> <p>2:00 The Chosen \$</p> <p>2:00 AL Wheel of Fortune \$</p> <p>3:00 Hooks & Needles \$</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Chair Exercise with Legacy Healthcare \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Gaither Corner</p> <p>1:00 Game of Choice \$</p> <p>2:00 Music Performance with Wes \$</p> <p>3:00 BINGO & Ice Cream \$</p> <p>6:30 Game Time \$</p>	<p>10:00 Puzzle Partners</p> <p>10:30 Joy Ensemble Chair Dance Class \$</p> <p>1:00 Game of Choice</p> <p>2:00 AL BINGO</p> <p>4:00 AL Classic TV Show</p> <p>6:30 Movie Night</p>
14	15	16	17	18	19	20
<p>1:00 Game of Choice</p> <p>3:00 Brainerd Hills Baptist Church</p> <p>4:00 AL Classic TV Show</p> <p>6:30 Movie Night</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Zumba Exercise Class with Joan \$</p> <p>11:00 AL Chair Exercise with Legacy Healthcare</p> <p>11:30 AL Luncheon Melodies</p> <p>1:00 Christian Ladies</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL BINGO \$</p> <p>2:00 Jewelry Making \$</p> <p>2:00 The History of Britain \$</p> <p>3:00 Devotions with Mark Cabeen \$</p> <p>3:00 AL Word Jumbles</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Walmart Neighborhood Market or Food City</p> <p>10:30 Rummikub \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 AL Funny Bones</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL A to Z Challenge \$</p> <p>2:00 Chair Exercise \$</p> <p>3:00 Bingo \$</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Zumba Exercise Class with Joan \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Hymn Sing Along \$</p> <p>1:00 Devotions with Tyner United Methodist</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL Manicures & Hand Massages \$</p> <p>2:00 Open House</p> <p>2:00 Sock Hop with Barkey \$</p> <p>3:00 Bible Study with Nancy</p> <p>6:30 Movie Night \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Crossword Craze \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 Lunch at the Cookie Jar Cafe</p> <p>11:00 AL Trivia Trial</p> <p>1:00 Game of Choice \$</p> <p>2:00 Music Performance with Opus IV \$</p> <p>2:00 AL Puzzle Packets \$</p> <p>3:00 Bible Study with Joe \$</p> <p>3:00 Hooks & Needles \$</p> <p>3:30 Visit with Atreyu, the Therapy Dog</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Chair Exercise with Legacy Healthcare \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Gaither Corner</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL Banana Splits & Name That Tune \$</p> <p>2:00 Fun Friday: Banana Splits \$</p> <p>3:00 BINGO \$</p> <p>6:30 Game Time \$</p>	<p>10:00 Puzzle Partners</p> <p>1:00 Game of Choice</p> <p>2:00 AL BINGO</p> <p>2:00 Music Performance with Heaven Seekers \$</p> <p>4:00 AL Classic TV Show</p> <p>6:30 Movie Night</p>
21	22	23	24	25	26	27
<p>1:00 Game of Choice</p> <p>3:00 Ridgedale Baptist Church</p> <p>4:00 AL Classic TV Show</p> <p>6:30 Movie Night</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Zumba Exercise Class with Joan \$</p> <p>11:00 AL Chair Exercise with Legacy Healthcare</p> <p>11:30 AL Luncheon Melodies</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL BINGO \$</p> <p>2:00 Earth Day Socials</p> <p>2:00 The History of Britain \$</p> <p>3:00 AL Cranium Crunches</p> <p>3:00 Devotions with Mark Cabeen \$</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Shopping at Nordstrom Rack, Academy, or Old Navy</p> <p>10:30 Rummikub \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 AL Funny Bones</p> <p>1:00 Game of Choice \$</p> <p>2:00 Chair Exercise \$</p> <p>2:00 AL Open Floor with Katie \$</p> <p>3:00 BINGO with Hearth Hospice \$</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Zumba Exercise Class with Joan \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Hymn Sing Along \$</p> <p>1:00 Game of Choice \$</p> <p>2:00 Health Chat with Legacy Healthcare \$</p> <p>3:00 Bible Study with Nancy</p> <p>6:30 Movie Night \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Wheel of Fortune \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 Lunch at LongHorn Steakhouse</p> <p>11:00 AL Trivia Trial</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL Comedy Hour \$</p> <p>2:00 Open Floor with Katie \$</p> <p>2:00 The Chosen \$</p> <p>3:00 Hooks & Needles \$</p> <p>3:00 Hymn Sing-Along with Randy</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Chair Exercise with Legacy Healthcare \$</p> <p>11:00 AL Chair Exercise</p> <p>11:30 AL Gaither Corner</p> <p>1:00 Game of Choice \$</p> <p>2:00 Fun Friday: Make & Take Trail Mix \$</p> <p>2:00 AL Trail Mix & Trivia \$</p> <p>3:00 BINGO \$</p> <p>6:30 Game Time \$</p>	<p>10:00 Puzzle Partners</p> <p>1:00 Game of Choice</p> <p>1:15 Music Performance with Jordan</p> <p>2:00 AL BINGO</p> <p>4:00 AL Classic TV Show</p> <p>6:30 Movie Night</p>
28	29	30				
<p>1:00 Game of Choice</p> <p>3:00 Woodland Park Baptist Church</p> <p>4:00 AL Classic TV Show</p> <p>6:30 Movie Night</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:30 Zumba Exercise Class with Joan \$</p> <p>11:00 AL Chair Exercise with Legacy Healthcare</p> <p>11:30 AL Luncheon Melodies</p> <p>1:00 Christian Ladies</p> <p>1:30 Garden Scavenger Hunt \$</p> <p>2:00 AL BINGO \$</p> <p>2:00 Birthday Bash Sponsored by Gentiva Hospice \$</p> <p>2:00 The History of Britain \$</p> <p>3:00 Devotions with Mark Cabeen \$</p> <p>3:00 AL Word Jumbles</p> <p>6:30 Game Time \$</p>	<p>9:15 Resident-Led Rummikub \$</p> <p>10:00 Hamrick's & Lunch \$</p> <p>10:30 Rummikub \$</p> <p>10:45 AL Devotions with Jennie \$</p> <p>11:00 AL Funny Bones</p> <p>1:00 Game of Choice \$</p> <p>2:00 AL Guess Who: Directors</p> <p>2:00 Jeopardy with Directors \$</p> <p>3:00 BINGO \$</p> <p>6:30 Game Time \$</p>				



Resident Birthdays

- 4/1 Francis Zeglen
- 4/8 Tobey Hulgán
- 4/10 Marlene Schiller
- 4/16 Jenny Crews
- 4/21 Barbara Summers
- 4/21 Jerry Moore
- 4/27 Ann Bradley
- 4/30 Katherine Morris



Staff Birthdays

- 4/1 Kareena Allen
- 4/4 Jodi Smith
- 4/12 Amber Ennis
- 4/23 Mel Correll
- 4/26 Sahron Culver
- 4/30 Luann Palmer



Staff Anniversaries

- 4/9/22 Terrell Maye
- 4/22/23 Shaquilla Goodson
- 4/25/23 Kareena Allen



Join us on Friday, at 2 pm, for a tasty treat! This month we will be celebrating Caramel Day, Banana Day and Pretzel Day!



Sock Hop Open House

Our Open House this Spring will be a Sock Hop theme. Barkey will be playing lively music from the '50s and we will enjoy some tasty diner snacks! So put on your poodle skirts and leather jackets, and join us for an afternoon of fun!



Chair exercise will be led by Legacy on Fridays, at 10:30 am, in the Activity Room. We will also be offering a monthly health chat on the 4th Wednesday of the month, at 2 pm, in the Activity Room. This month's topic will be energy conservation! We hope you will take advantage of these wonderful opportunities. Please see Tori or Jennie with any questions!



Earth Day Social

Join us for the Earth Day Social in the lobby, at 2 pm. Themed snacks, flower planting & fun games! Stop by and celebrate Earth Day!



Joy Ensemble Dance Class

Instructors from the Joy Ensemble Dance Class will be joining us on April 13th to give a sample class for residents. This class will be similar to our other chair exercise classes and will be adaptable for residents of all skill levels and mobility.



Puzzle Partners

Stop by the Activity Room each Friday to grab that week's puzzles -- a variety of puzzles from crosswords or word searches, to word jumbles and acrostics. Puzzles are located outside the Activity Room on the side table.



Resident Involvement

Staying active and involved in our community is incredibly important for your health and well-being. There are multiple opportunities for involvement, plus we are open to starting new special interest groups. If you have a special interest or hobby and would like to enjoy the company of like-minded people, please see Tori about starting a small group in the community.